



Registered Charity: 1156329

Join the Youth Advisory Board (YAB)!

Are you aged 14–25 and living in the UK?

Want to share your voice and help shape support for young people?

Why join?

- Make a real difference on issues like mental health, relationships, bullying and identity
- Work with other young people passionate about change
- Gain valuable experience and training
- Help improve Ditch the Label's services and community

Details:

- Voluntary role, starting October 2025, with a one-year term
- Monthly online meetings (1–2 hours)
- Open to young people across the UK

We strongly encourage individuals **from all backgrounds** to apply. We are committed to building a diverse and inclusive YAB team where everyone feels welcome.

Apply by 14th September 2025

Visit: <https://www.ditchthelabel.org/youth-advisory-board>

Questions? Email: yab@ditchthelabel.org



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