

## JOB DESCRIPTION

# Work and Health Coach

**Days**: Monday to Friday

**Hours**: 35 hours- core hours to be agreed - Evening work on occasion

Salary: The rate of pay for this post is £28,093 - £33,722

**Start date:** By negotiation

Reporting to: Senior Work and Health Coach

**Location:** Enfield

### Who we are:

Founded in 1992 by a group of mental health professionals, Working Well Trust was established to address the issue of low employment rates for people who have experienced mental health issues. Since starting we have seen advances in the specialist support offered to people seeking employment and a change in cultural attitudes towards mental health.

In the last few years we have adapted this approach to work with people with Autism (ASD), people with learning difficulties, physical disabilities or complex issues including homelessness or addiction.

We focus on four main areas:

**Employment Support** – offering support that meets the individual's needs using both the traditional stepped approach and the Individual Placement and Support (IPS) model.

**Employer support** – enabling the recruitment and retention of their employees.

**Social Enterprises** – we offer training within social enterprises for people who want to gain a new skill, increase their confidence and be part of a team.

**Business and Enterprise support** – providing one to one advice to clients who wish to start up or expand an enterprise.

**Co-production** - Working Well remains committed to the principles of the recovery model and continuously improve its services through co-production.

### **Role Purpose:**



Work Well is a government funded programme that offers an early-intervention work and health support and assessment service. This provides holistic support to overcome health-related barriers to employment, and a single, joined-up gateway to other support services.

Work Well sits within our Community Health & Wellbeing division and is a growing part of the business and our wider employment support offer to our beneficiaries. We work in partnership with mental and/or physical health clinical teams, GP practices and other referral partners who refer clients who are currently in employment but are experiencing difficulties in the workplace and require assistance to help them return to work, remain in work or find new employment. This programme will also support those who have fallen out of work to get the support they need to return to employment. That support will be tailored to their specific needs and circumstances.

We need a Work and Health Coach to provide highly effective support to individuals and guide them on their journey to returning, remaining or finding new employment while also supporting them to improve their health and wellbeing. The Work and Health Coach will also be instrumental in supporting participants to remove health related barriers by sourcing and funding appropriate interventions.

## **Main Duties and Responsibilities:**

- Manage a diverse caseload of clients providing information, advice and guidance to support clients to address problems in the workplace to help them return to work, remain in work or find new employment.
- 2. Deliver a role with a dual responsibility to clinical & community stakeholders and Shaw Trust while complying with Shaw Trust's internal procedures and all relationships both internally and externally.
- 3. Meet and support clients to understand the barriers they are facing utilising a version of the Dialog+ approach. You will identify their aspirations and goals by assessing their needs and working with them to coproduce an action plan that will help to accomplish their objectives.
- 4. Assess programme participants' wider needs related to work which may include directing them towards benefits/welfare advice, mental/physical health with an onward referral partner.
- 5. Those participants where a mental and/or physical health condition is a significant barrier to employment the Work and Health Coach will be required to identify and enrol the support intervention necessary to remove that barrier.
- 6. Where applicable, advocate for clients with their employer to address problems and find solutions to complex workplace matters to increase the likelihood of clients remaining in work.
- 7. Conduct holistic Dialog+ assessments with programme participants providing wellbeing advice and the promotion of healthy lifestyle changes.
- 8. Provide employment coaching, including careers guidance, CV building, interview technique and job brokerage.
- 9. Review, analyse and interpret contracts of employment, organisational policies/procedures, report and other documentation for the accurate provision of information, advice and guidance to clients.
- 10. Demonstrate a sound understanding of the factors required to facilitate and enable an individual's return to work as well as the issues that a person can face on returning to work and the skills needed to manage the return to work.



- 11. Awareness of the secondary effects on the individual including mental health, impact on confidence and steps to mitigate against a further absence from work or unemployment.
- 12. Knowledge that many individuals with mental health conditions may also have primary or secondary health conditions and disabilities and a thorough understanding of the implications of these conditions in the workplace.
- 13. Proactively promote the service, deliver presentations and training as required.
- 14. .Meet referral and performance targets in line with the specific KPI / SLA requirements of the service.
- 15. Work in close collaboration with the internal Multi-Disciplinary Team (MDT) function to present and discuss cases. When decided and/or required by MDT signpost clients to referral partners by building and maintaining a network of onward referral partners who offer other forms of support.
- 16. Maintain accurate and compliant electronic client records.
- 17. Source job opportunities for clients through tailored job search and regular contact with local employers to explore hidden as well as advertised employment opportunities.
- 18. Provide education and support to employers, as agreed with the individual, which may include negotiating adjustments, return to work strategy and ongoing contact with the employer to ensure job retention.
- 19. Upon returning to employment or securing new employment, continue to maintain the relationship with programme participants through regular reviews, visits, monitoring and other in-work support to help sustain employment.

#### **Relationship Management:**

- 1. Partnership working with commissioning organisations including attending team/network meetings, 1-2-1s and training.
- Build and maintain strong relationships with a range of referral partners including social
  prescribers, mental health teams, GPs and other community providers to grow referrals and
  opportunities for the development of the service (promoting employment as a positive
  intervention in the recovery journey).
- 3. Developing relationships with employers to form partnership working approaches to employees with physical or mental health needs in the workplace.
- 4. Working with employers to promote the service, identify job opportunities and ensure appropriate strategies are in place to reduce barriers in the workplace.
- 5. Develop and maintain relationships/links with a range of external agencies that help individuals to achieve employment goals. This may include local colleges and training providers.
- 6. Identify, understand and nurture relationships with the wider employment support services in the locale. When required those relationships should be leveraged to ensure a smooth handover to other services when a different type of support is needed than what Work Well can provide.