

Edward's Trust

Join us to fly the kite for
bereaved parents, children and
young people

We have a vacancy for a
Wellbeing Therapist
to join our dynamic team based in
Edgbaston, Birmingham



Closing date:
22nd April
5pm

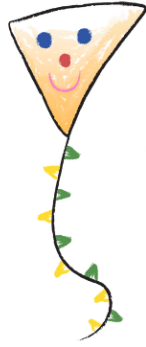


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www.edwardstrust.org.uk



Registered Charity No.1105370 & Company Ltd Guarantee in England & Wales No. 3487577



Edward's Trust

Thank you for your interest in this post of

Wellbeing Therapist

To apply for this job please submit your CV and a detailed covering letter outlining how your skills and experience match the person specification below. (As a guideline, this should be a minimum of 500 words).

Please note, CV's only will not be accepted.

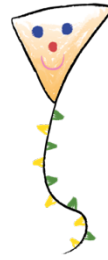
We welcome any initial enquiries and look forward to receiving your application. Edward's Trust is an open and inclusive employer.

For enquiries and applications contact: Clare Martin,
CEO at clare.martin@edwardstrust.org.uk

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37 Calthorpe Road, Edgbaston B15 1TS. 0121 454 1705
Registered Charity Number 1105370
www.edwardstrust.org.uk



Edward's Trust

Supporting bereaved parents, children and young people in the West Midlands

Wellbeing Therapist Vacancy

Job Role	Wellbeing Therapist
Responsible to	Bereavement Services Manager
Place of work	37, Calthorpe Road, Edgbaston, Birmingham B15 1TS
Hours	22.5 hours per week
Salary	£25,000 FTE
Benefits	24 days annual leave (pro rata) plus bank holidays and employer contributed pension scheme after 3 months
Length of Contract	Permanent (6-month probationary period)

Role Summary

This is an exciting opportunity for a compassionate and skilled wellbeing therapist who is looking to make a real difference in the lives of bereaved families. Edward's Trust is seeking a dedicated Wellbeing Therapist to provide vital support to adults who have experienced the loss of a child, as well as parents and carers of bereaved children and young people. In this role you will offer tailored wellbeing interventions, including individual and group support, while helping shape and develop our service to reach those who need it most.

As part of our multi-disciplinary team, you will play a key role in delivering high-quality wellbeing support, working collaboratively to ensure we offer the highest-quality, holistic care. If you are passionate about holistic bereavement care and want to contribute to a supportive and dynamic charity, we would love to hear from you.

Key Tasks and Responsibilities

- To assess the needs of bereaved individuals and provide wellbeing bereavement support as appropriate according to the aims and purposes of Edward's Trust.
- To work with the Bereavement Services Manager to ensure service quality and development of future projects for adults and families.
- To organise and facilitate wellbeing support groups for bereaved adults.
- To be aware of ongoing needs of bereaved adults and to look at developmental work that continues and extends the support given to them.

- To be an active member of the Edward's Trust Team.
- To adhere to Edward's Trust Core Values and work in accordance with our policies and procedures.
- To act in accordance with your responsibility to safeguard children and vulnerable adults, and act in accordance with Edward's Trust safeguarding policies and procedures.
- To ensure outcome measures are recorded and completed within required timescales.
- To monitor the work being done in the light of the ethical standards of the wellbeing profession, using Edward's Trusts chosen methodologies for outcomes measurement.
- To work in a flexible way to ensure a comprehensive and assessable service to bereaved adults and their families.
- To work in a way which demonstrates and develops anti-discriminatory and inclusive practice.
- To maintain a level of competency and expertise within the area of wellbeing bereavement support through a programme of continuing personal and professional development.

Individual and Group Bereavement Services

- To offer quality, culturally sensitive, client centred wellbeing support to bereaved adults as required.
- To work within the established enquiry/referral system in accordance with existing guidelines and procedures, including an assessment of bereavement support needs.
- To liaise with other support agencies as required.
- In accordance with current data protection legislation maintain records of contact as required.
- To work within the British Association of Counselling and Psychotherapy (BACP) Code of Ethics and Practice when carrying out individual and group work.

Continuing Professional Development

- To attend clinical supervision sessions in accordance with the professional body you are registered to.
- To promote best practice through participation in appropriate conferences and through the sharing of experience.
- To participate in meetings and CPD appropriate.
- To participate in regular peer supervision.

Person Specification

Criteria	Essential	Desirable
Knowledge & Understanding		
A recognised professional qualification in wellbeing (aromatherapy massage, yoga, mindfulness, reiki, reflexology)	X	
Registration with relevant professional body	X	
Professional training in therapeutic work with adults who are bereaved	X	
Knowledge of safeguarding policies procedures.		X
Experience		
A minimum of 2 years post qualifying experience.	X	
Experience of working therapeutically with bereaved adults.	X	
Experience of carrying out initial assessments and using outcomes measurements.		X
Experience of facilitating groups.		X
Experience of working as part of a multi-disciplinary team.	X	
Skills & Qualities		
Excellent interpersonal skills with the ability to build and maintain good relationships with adults from a diverse range of backgrounds and ages.	X	
Ability to manage referrals and maintain accurate and confidential system of records.	X	
Evidence of ability to use initiative and to work in a flexible way, independently and as part of an established team.	X	
The ability to use supervision and support effectively for your personal and professional development.	X	
Good report writing and organisational skills, and proficiency in Microsoft Office (Teams, Outlook, Word, Excel).	X	
Creative, caring, sensitive and skilled in their approach.	X	
To be committed to on-going professional development and training and to demonstrate this by attending appropriate courses.	X	
Self-motivated, resilient and ability to reflect on the personal impact of your work.	X	