

Role overview

Job title: Unpaid Carers Befriending Volunteer

Outline of the project:

The Unpaid Carer's Befriending Project is a partnership project between the Community Volunteering Team and The Unpaid Carers Team at Cardiff Council. This project is looking to recruit a team of volunteers who are passionate about providing friendship and low-level support to Unpaid Carers across Cardiff.

What we're looking for:

- Empathetic people who are passionate about providing support to Unpaid Carers;
- An understanding about who an unpaid carer might be, or a willingness to learn;
- People who are warm and friendly, and love building relationships with people;
- People who love learning new things and are committed to finding out more about services that can help people who are unpaid carers;
- Access to a phone or computer in order to undertake befriending activities;
- Someone who is able to commit to a regular volunteering day (at least once a week);
- An ambassador for Cardiff Council, through following relevant policies and procedures.

For more information contact:

CarersBefriending@cardiff.gov.uk

For more details about the duties and responsibility of the role, please read the role profile below.

Volunteer Role Profile

Volunteer role title	Unpaid Carers Befriending Volunteer	
Main volunteer contact	Catriona Brown / Phoebe Wilson	
Location of volunteer role	Across Cardiff	
	Special Requirements	Outline of the role (include duties and responsibilities)
	<ul style="list-style-type: none"> - An understanding, or willingness to learn, about unpaid carers and who can support them; - Volunteers will undergo a DBS check; - The ability to fluently speak more than one language is desirable but not essential; - The ability to commit to at least 12 sessions working with a carer. 	<p>These will vary according to client need and volunteer preference but will include one or more of the following:</p> <ul style="list-style-type: none"> - Making weekly phone calls / video calls / home visits to clients to provide friendship; - Signposting clients to services who can support them where relevant; - Going shopping on behalf of the client; - Low level cleaning tasks including dish washing, vacuuming and dusting; - Low level gardening tasks including lawn mowing and watering plants; - Reporting meetings back to your Volunteer Mentor; - Following relevant safety procedures in place for your volunteer role; - Undertaking optional ongoing training relevant to your role; - Meeting with your Volunteer Mentor for debriefs and reflection on the work you're undertaking with your client.

Training we will provide	What we can do for you
<p>Essential training for the role includes:</p> <ol style="list-style-type: none"> 1. Introduction to Cardiff Council and the Unpaid Carers Befriending Volunteer role; 2. Unpaid Carers Befriending Volunteer Skills training. <p>Optional ongoing awareness training from other organisations.</p>	<ul style="list-style-type: none"> - Provide you with a reference after 10 hours of volunteering; - Provide you with a Volunteer Mentor who will support you during your time with us and help you to achieve your volunteering goals; - Access to Cardiff Council’s Adult Learning training package; - Access to Cardiff Council’s employee wellbeing services.
<p>Accessibility statement</p>	<p>The role can be completed from home or out in the community. We can adapt the role, or match you with a client, that is suited to your needs.</p>