Volunteer Role Description

Your volunteer role description provides you with an outline of your role and the tasks you will complete when volunteering.

Whatever your role, or however much time you donate, you will be helping to improve the lives of people severely affected by mental illness. We appreciate and value your commitment to volunteering with Rethink Mental Illness.

My role title:

	Volunteer Peer Group Facilitator (Black, Asian and minority ethnic communities)

Role details

Where my role is based	Bristol, within the community
Who I am supported by	Peer and Volunteer Coordinator & Community Development Worker
The DBS check for my role	Basic

Service details

The service I support	Bristol Community Services
The location of the service	Bristol
The days and times volunteering is available	Wednesday, 2:30-4pm
The service code	6027

The purpose of my role

This role is dedicated to providing a safe space for people to dicuss the impact of racism. You will be allowing the participants to lead the group and discuss change that could come about through different organisations - for example, how can organisations (mental health organisations/charities) change things to better support people.

The service I support

The Bristol Community Support Services team is dedicated to delivering a high-quality service that focuses on supporting individuals to achieve goals. The aim is to improve the lives and support independence for those living with a mental illness. The Bristol Services team includes a Service Manager, Recovery Coaches, a Digital Officer, a Group Development Coordinator, a Community Development Worker and a Peer and Volunteer Coordinator.

I will complete the following tasks

- Engaging with group members
- Facilitating the space and allowing participants to lead
- Keeping it focused
- Welcoming people into the space
- Helping to set up before the group, taking down names for admin purposes, helping to tidy up after the group

I have the necessary skills, experience, and attitude

I have the essentials covered:
- Non judgmental and open minded
- Able to empathise
- Passionate about tackling racism
- Reliable and punctual
- Understand the importance of confidentiality

Although it's not essential, I may also have:
- Experience of leading/facilitating groups
- Experience of mental health issues

you'll have our support and guidance, every step of the way

What I value and how I will behave

I can demonstrate and apply Rethink Mental Illness values:

Commitment - We work tirelessly to provide support for everyone severely affected by mental illness.

Equity - We believe that in a world where discrimination and disadvantage exist treating people with equity is critical to ensure justice and fairness for all.

Expertise - We constantly use our expertise to provide practical and personal support for people who are severely affected by mental illness.

Hope - We offer hope of a better quality of life for all those severely affected by mental illness.

Openness - We are open and transparent in all our work with beneficiaries, supporters, partners and the public to achieve change for people severely affected by mental illness.

Passion - We are passionate about leading the way to a better quality of life for everyone severely affected by mental illness.

Understanding - People who are severely affected by mental illness are at the heart of everything we do in our organisation – our membership, our governance and our workforce.

I can demonstrate and apply RethinkCARES behaviours of:

C A R E S
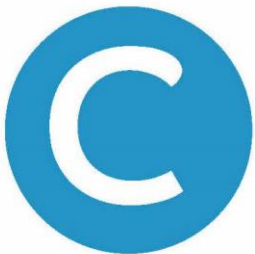
Connect
We work together, we celebrate together

Accountable
We do what we say we will do

Respect
We believe everyone counts

Evolve
We challenge, we listen, we change

Success
We deliver results

What training and support will I receive?

As part of my induction, I will complete the following e-learning modules:

- Safeguarding adults
- Data security

Depending on my role, I may also be asked to complete other training courses such as:

- Safeguarding children
- Equality and diversity
- Health and safety
- Mental health awareness

I will also have access to:

- Regular reflection sessions with my Volunteer Manager

What will I get out of it?
There are lots of benefits to volunteering. Here are just a few:

Develop my existing skills or learn new ones	**Enhance my CV and boost my employability**	**Reimbursement for out-of-pocket expenses**
Impact positively on my own mental health, as well as others	**Meet new people and increase my self-confidence**	**Find a passion and maybe a step towards a new career**

Access to internal vacancies

Access to Rethinks Volunteer Assistance Programme

Gain a reference from Rethink Mental Illness