

Volunteer Role Description

Your volunteer role description provides you with an outline of your role and the tasks you will complete when volunteering.

Whatever your role, or however much time you donate, you will be helping to improve the lives of people severely affected by mental illness. We appreciate and value your commitment to volunteering with Rethink Mental Illness.

My role title:

Criminal Justice Volunteer Group Facilitator
(Black, Asian and minority ethnic communities)

Role details

Where my role is based

Bristol, within the community

Who I am supported by

Peer and Volunteer Coordinator & Community Development Worker

The DBS check for my role

Basic

Service details

The service I support

Bristol Community Services

The location of the service

Bristol

The days and times volunteering is available

Tuesday, 2:30pm-4pm

The service code

6027

The purpose of my role

This group is a female only criminal justice group aimed at women from Black, Asian and minority ethnic communities, who have had experiences of racism in the criminal justice system. You will be facilitating the group and allowing members to lead the conversation and speak about their experiences. Through facilitating the group, it is your responsibility to keep the conversation focused. You will also help the group to discuss changes that members may want to see within the criminal justice system, and how this change can be implemented. Within this role, confidentiality is extremely important, and you will be expected to share this value with the group.

The service I support

The Bristol Community Support Services team is dedicated to delivering a high-quality service that focuses on supporting individuals to achieve goals. The aim is to improve the lives and support independence for those living with a mental illness. The Bristol Services team includes a Service Manager, Recovery Coaches, a Digital Officer, a Group Development Coordinator, a Community Development Worker and a Peer and Volunteer Coordinator.

I will complete the following tasks

- Allowing the group to lead the conversation, whilst keeping the group focussed
- Remaining non-judgemental throughout and allowing active participation of all group members
- Signpost people to other resources when necessary
- Helping to set up the space and welcome people in

I have the necessary skills, experience, and attitude

I have the essentials covered:

- Passion about the criminal justice system
- Passion around tackling racism and inequality
- Excellent communication skills
- Comfortable engaging with women, provide a welcoming, authentic, and positive experience for all, being inclusive and embracing diversity
- Non-judgemental and open minded
- Due to the nature of the group, you must identify as female to volunteer for this role
- Understand the importance of confidentiality

Although it's not essential, I may also have:

- Personal experience in the criminal justice system
- Experience of working in/facilitating a group setting
- Experience of mental health issues

"I'll have our support and guidance, every step of the way

What I value and how I will behave

I can demonstrate and apply Rethink Mental Illness values:

Commitment -	We work tirelessly to provide support for everyone severely affected by mental illness.
Equity -	We believe that in a world where discrimination and disadvantage exist treating people with equity is critical to ensure justice and fairness for all.
Expertise -	We constantly use our expertise to provide practical and personal support for people who are severely affected by mental illness.
Hope -	We offer hope of a better quality of life for all those severely affected by mental illness.
Openness -	We are open and transparent in all our work with beneficiaries, supporters, partners and the public to achieve change for people severely affected by mental illness.
Passion -	We are passionate about leading the way to a better quality of life for everyone severely affected by mental illness.
Understanding -	People who are severely affected by mental illness are at the heart of everything we do in our organisation – our membership, our governance and our workforce.

I can demonstrate and apply RethinkCARES behaviours of:



What training and support will I receive?

As part of my induction, I will complete the following e-learning modules:

- Safeguarding adults
- Data security

Depending on my role, I may also be asked to complete other training courses such as:

- Safeguarding children
- Equality and diversity
- Health and safety
- Mental health awareness

I will also have access to:

- Regular reflection sessions with my Volunteer Manager

What will I get out of it?

There are lots of benefits to volunteering. Here are just a few:



**Develop my existing skills
or learn new ones**



**Enhance my CV and
boost my employability**



**Reimbursement for out-
of-pocket expenses**



**Impact positively on my
own mental health, as well
as others**



**Meet new people and
increase my self-
confidence**



**Find a passion and
maybe a step towards a
new career**



**Access to internal
vacancies**



**Access to Rethinks
Volunteer Assistance
Programme**



**Gain a reference from
Rethink Mental Illness**