Applying to the Postgraduate Diploma in Children and Young Person's Psychological Trainings: Therapy - UCL & Anna Freud

Course Start Date: Monday 18th January 2027

Please read the instructions below in full.

The UCL PG Diploma in CYP PT: Therapy (previously known as Recruit to Train) covers 4 modalities:

- Cognitive Behavioural Therapy (CBT)*
- Autism Spectrum Conditions and Learning Disabilities (ASC/LD)
- Interpersonal Psychotherapy for Adolescents (IPT-A)
- Infant and Early Years Practitioner

**Please note both UCL and KCL run the CBT modality. This guidance is for the UCL CBT course only. The employing service will specify the allocated university on their job advert, but do get in touch with them directly if this is unclear.*

Before you apply

Please watch an introductory video for the modality you are apply to:
Click here to watch the CBT introduction
Click here to watch the Infant & Early Years introduction
Click here to watch the IPT-A introduction

Application Process

There are two parts to the application process for all trainee posts. Firstly, you will need to apply to the employing site for the job (unless you are an internal candidate). Secondly, you will need to apply to UCL for the training programme that is taught alongside the job. Applications for both should be completed within a similar timeframe to allow time for review.

Where to apply:
Online applications for the UCL training are made on the UCL application portal via the following link:
https://evision.ucl.ac.uk/urd/sits.urd/run/siw_ipp_lgn.login?process=siw_ipp_app&code1=TPPPSYSCYP24&code2=0006

What you will need to include in your UCL application:

- **Previous roles/experience:** you can complete these on the application and/or

upload the latest version of your CV
- **Personal Statement (see below for guidance)**
- **Previous qualifications:** transcripts/degree certificates – these will be required by UCL Admissions to check eligibility. If you do not have these, please make arrangements to have these ready to upload to the UCL portal when making your formal application.
- **References** – you will need to provide 2 referees – ideally this will include 1 work and 1 academic – referees should be from a professional capacity (i.e. previous line manager or academic supervisor) and know you well enough to describe to us your personal and professional attributes.
- **For non-UK citizens: Visa information/Confirmation of right to work and study in the UK** – this will be checked by the UCL Visa Compliance Team
- **For non-native English speakers:** Proof of English Language proficiency is required at Level 2 standard. Further information can be found on our English language requirements page at https://www.ucl.ac.uk/prospective-students/graduate/learning and-living-ucl/international-students/english-language-

requirements

Personal statement

As part of your UCL application, you will need to complete a personal statement (1 statement for each modality you are applying for) of around 1,000 words long.

To help you do this, it is helpful to review the person specifications attached to the job advert for full information on the skills and experience required for each modality.

Your statement should include:
- Which modality and what interests you in this area of specialism?
- Why would you like to study this course?
    - Personal motivation
    - Career relevance
- Outline all relevant experience you have in the field.
- How would you cope with the academic demands of the course while balancing your work and life?

Formal Offers

The final decision on your application will be made between both the employer and the university. The employer may provide successful candidates with a verbal offer or conditional offer dependent on the final university checks.

The UCL admissions team will undertake checks for UCL eligibility and once confirmed you will receive an offer. This may be conditional if you have conditions to meet (e.g. submission of official transcripts/certificates or proof of English Language). Please upload these as soon as possible so that this can be approved by the Admissions team.

Once all UCL conditions are met, you will then receive your unconditional offer for the course.

Please also consider the following restrictions to study before you apply:

-You can only be enrolled as a student in one training programme at any one time. If you are completing a course when you apply, you will need to ensure your course end date finishes before this course starts.

-NHS England (NHSE) have implemented a 2-year funding rule regarding beneficiaries of a number of trainings from 1st April 2022. Please see more information on the following link: https://www.hee.nhs.uk/our-work/mental-health/psychological-professions/nhs funding-psychological-professions-training-programmes

Successful Candidate webinar

The CYP PT Therapy course team will be hosting a webinar on **Monday 30th November 2026 from 3-4pm** to welcome successfully appointed candidates for the January 2027 cohort and answer any you have questions prior to the course start date. More details on the webinar will be provided in your course offer email.

Further Queries

- **Application documents and Course queries:** Please direct these to our programme team – cypptherapy@annafreud.org stating your name, modality and the service you have been offered a post in.
- **Employment Application/Contract queries:** Please get in touch with the employing service.

Thank you and we look forward to receiving your application!