

YMCA HUMBER

Trustee Treasurer Recruitment Pack

‘Transforming lives throughout North
East Lincolnshire ’

YMCA

Here for young people
Here for communities
Here for you

YMCA Humber is excited to put forward an open call for people interested in becoming a trustee with us. Trustees are volunteers who oversee everything a charity does, from setting the strategy, to being responsible for the work and finances, without delivering the operations day-to-day.

They make sure that the charity is run in the interests of the people it is there to support. They strategically oversee the management and administration of the organisation in a legal voluntary position. Our trustees all have the enthusiasm and commitment to helping young people and families.

YMCA Humber is a youth charity that supports anyone over 16 years old who is at risk of homelessness, living in North East Lincolnshire. We specialise in supported accommodation for young people by providing them with a safe environment which they can call a home. Alongside providing accommodation, we also deliver services in health and wellbeing, support and advice and youth and family.



Welcome

Message from our Chair of Trustees

During my last 9 years as chair here at YMCA Humber, I have been fortunate to be involved in some amazing projects and work alongside a fabulous group of trustees.

In 2022 we embarked on an updated three-year strategy and confirmed our key operating principles:

- Everything we do is exceptional quality.
- The people we support and engage with feel safe and always welcomed.
- Our developments and plans are built on need and have long term sustainability.
- We strive to develop an extended 'YMCA Family' which allows people to have a fair chance to discover who they are and what they can become.

As we enter 2024, we are looking to welcome new board members to help guide the organisation through our exciting journey, including the continued development of outstanding services for vulnerable people, the provision of aspirational accommodation, and the implementation of needs-based youth work.

Hopefully this booklet will provide you with an insight into our organisation and inspire you to consider becoming a member of our board of trustees. If you have the drive, commitment, and passion to truly make a difference to people's lives, and believe 'everyone should have a fair chance to discover who they are and what they can become', we would love to hear from you.



Best wishes

Stephen Gallaher, Chair of the Board of Trustees

History of the YMCA

The YMCA originated out of prayer and bible study meetings of young male shop workers in the 1840's. George Williams, a draper's assistant, is acknowledged as its principal founder, and in 1844 the 'Young Men's Christian Association' was established in London. The motivation and drive of George Williams and his friends was a care for young men, which resulted in quick expansion to over 40 YMCA's in Europe and North Africa by 1855.



There are currently 101 YMCA's in England and in over 119 different countries, with over 2700 YMCA's in the United States of America alone. Today, YMCA's are known for the provision of housing to the most vulnerable, the provision of sporting and training activities, and the development of youth work and spirituality amongst young people. YMCA Humber is a federated member of YMCA England and Wales.

History of YMCA Humber



Grimsby, Cleethorpes, and District YMCA, as it was then known, was founded in 1906 by Fred Bacon, a successful Fish Merchant in the town. Following a meeting with the British and Foreign Bible Society, the humble beginnings of YMCA Humber began in two rooms in a building on Heneage Road, Grimsby, where club activities took place.

Over the years the YMCA has adapted as the environment it has worked in has changed; this included providing sports facilities for young people in the 1930's and the development of a summer camp in the 1950's and 60's. Since the late 1960's the focus of the YMCA locally has been providing supported accommodation for vulnerable young people. In 1973, our Peaks Lane Hostel was opened on land donated by Michael Sleight.

In 2001, the Foyer project at Riby Square was opened, accommodating 26 young people.

YMCA Humber continues to draw on its Christian heritage and operates according to Christian values.

What Do We Do?

Accommodation

YMCA Humber is a youth charity that supports anyone over 16 years old who has a local connection to North East Lincolnshire, and is at risk of homelessness.

We specialise in supported accommodation by providing residents with a safe environment which they can call a home, enabling individuals to grow and achieve their full potential.



21 Freeman Street

Providing a safe, comfortable home for up to 74 residents aged over 16. The building consists of 3 accommodation floors divided into 8 'clusters'. A cluster is a group of rooms arranged around a shared social space for residents, which includes cooking and laundry facilities.

1 Orwell Street

In 2022 this property was transformed into 26 self-contained studio flats. The property consists of 2 types of accommodation, semi-supported and affordable housing. Semi-supported is for those who are ready to live independently but still require some support. Affordable housing is for those who are in work.



Mother and Baby House

Our community house provides young parents and their babies with a safe, supportive, and loving home for new parents.

Community

Parent, Baby and Toddler Group



We run a free parent, baby and toddler group every Monday (except bank holidays) at our building on Freeman Street.

Free play
9.30am - 11.30am
Themed activity session
1pm - 2pm

Youth Club



We run a free youth club to provide a safe space for children to spend their time after school, and during school holidays. We run a range of sports and wellbeing activities three times a week, suitable for 7-16-year-olds.

Dads United



'Dads United' is a wellbeing project available for any dads aged over 16 who have children under the age of 18.

The project takes a three-pronged approach- "Us as Dads, Me as a Dad, and Being a Dad".

"Us as Dads" - a fortnightly peer support group.
"Me as a Dad" - 1-2-1 counselling and wellbeing support.
"Being a Dad" - Wellbeing, skills and personal development sessions.

Health and Wellbeing



We provide a variety of free health and wellbeing services to our residents and the community which we have been able to offer through funding. These drop-in sessions include a programme around healthy relationships, a creative therapy group session, and 'tea and talk'

which is part of the YMCA England and Wales mental health campaign 'small talks'.

The Bradbury Café



Our café is open to the public Monday - Friday, 9am - 3pm. We welcome everyone to pop in for good quality food and drink, which is also available to takeaway.

Conferencing



We have a great space to host meetings and events. Individuals and organisations have the choice of The Weston Hall (holds 100 people), our meeting room (holds 12 people), Orwell Street (holds 30 people) and The Bradbury Café (holds 55 people).

Multi-Use Games Area



In August 2023 we purchased a multi-use games area on Kent Street which is currently being renovated for our youth and family services. The current space is being transformed into a vibrant sports hub for the local community, including 3G pitches.

Trustee Recruitment

- Minimum 18-years-olds
- 6 board meetings and 6 sub-committee meetings a year 
- 4-6 hours (approximately) a month 
- Must join either the finance and development, people and policy, or transformation committee
- Appointments are for an initial 3 year term, renewable by agreement with the board for a further 3 years

Trustee Benefits

- Giving back to the communities through meaningful input and leadership development
- Travel reimbursed to attend meetings 
- Skills development
- Network locally, nationally, and internationally
- Learn about governance and charity 
- Making a demonstrable impact
- Strategic experience

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