

Improving Lives - Trustee Recruitment Pack

“With your continued support I can finally see an improvement in myself because you as a charity treat us clients as family”

Clive, Service User



Scan the QR Code or [tap here](#) to watch our video and meet our community

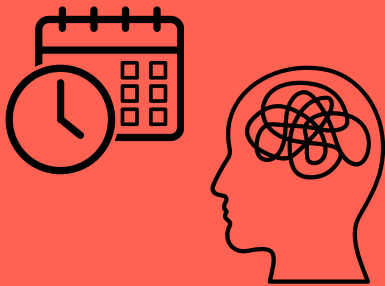


We're Improving Lives: the charity in Nottingham supporting people experiencing multiple disadvantage.

Put simply, we support people with long term mental health issues to believe that life can change for the better.

One-to-One

Up to a Year

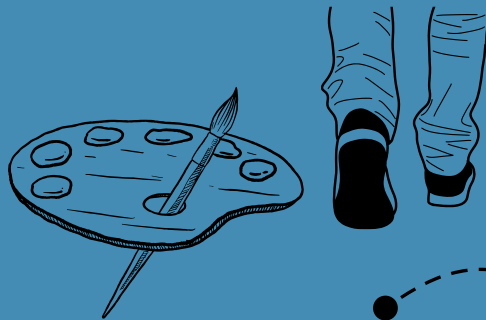


Help with Benefits. Debt and the Cost of Living

Support to attend Mental and Physical Health appointments

Support with digital skills

Help to access further support through health, social care and counselling.



Group Support

Ongoing

4 regular social groups: **Art, Craft, Pool, Music, Crochet** and **Walking**

Extra trips planned throughout the year: e.g. Pantomime and Boat Trip

People can be part of the Improving Lives community for as long as they wish.



Befriending Support

Ongoing

Support from a Volunteer Befriender for social support to fight isolation and loneliness

Our Projects

Your Journey

This is our project funded by The National Lottery Community Fund. We are supporting people who are in or leaving secondary mental health services. The funding started from March 2022 and continues until February 2025.

We have one full time and three part time workers employed on the project including a new Volunteer Coordinator. We aim to work with up to 110 people a year and can continue to work with them for up to a year on a one-to-one basis.



Trust Project

This is our year-long project funded by Nottinghamshire Healthcare NHS Foundation Trust. We employ two full-time support workers on this project. This provides the same support as the Your Journey project.



J Care

We have been commissioned by a faith organisation to support people from or connected with this community in Nottinghamshire. The contract initially ran for two years and has been renewed annually since. Primarily, we support older people within this community to access appropriate services and to remain living independently for longer.



Role Description

- Prepare for Board Meetings by reading all Board Documents sent prior to the meeting
- Provide guidance when required, to support CEO and Operations Manager
- Contribute to Improving Lives' review of Strategic Plan, as required
- Review policies and give feedback during Board Meetings

Person Specification

- A passion for supporting people with mental health issues
- The ability to communicate effectively with the Board and other stakeholders
- Leadership skills or the wish to develop them. Dedication to the organisation's cause and objectives
- Understanding and acceptance of the legal duties, responsibilities and liabilities of trusteeship

The following are commitments we ask all of our Board Members to make:

- Attend a minimum of 75% of Board Meetings
- Ensure I read Board Meeting papers in advance of the relevant meeting Contribute constructively
- Deliver any actions I have agreed to
- Contribute by putting forward items for the agenda where relevant and appropriate Respect contributions from other Board Members and allow them to speak Ensure I don't use acronyms or language that will make my contribution difficult to understand
- Respect confidentiality of discussions that happen at the meeting
- Act with integrity in the best interests of the organisation (adhere to the Nolan principles) Support the CEO and Operations Manager, as well as any other Improving Lives staff that are present
- Sign up to Easyfundraising and other grant initiatives
- Meet my obligations if I have an Honorary Post, such as Chair or Treasurer Declare any conflicts of interest
- Take corporate responsibility for decisions taken by the Board

We are fully committed to increasing the diversity of our board. Having a more diverse board will help us to understand better the needs of the communities we serve. To this end we would especially welcome applications from people from a variety of ethnic minority backgrounds who are currently under-represented on our board.

FAQs

What's in it for the Trustee?

We are a friendly and welcoming board of trustees with a wealth of skills and networks; we offer the opportunity to be a valued member of our board and to give something back using your skills. You will have an induction with the CEO and time with the team and Chair to understand the charity and the support we provide.



What impact will you have?

Your expertise will help support and shape the work and strategic direction of our organisation and help us achieve our purpose to improve the lives of the most vulnerable within the Nottingham City community.



What is the time commitment?

- 6-8 times a year at 5.00pm (usually on Monday),
- Usually on video call or occasionally at our Mansfield Road premises.
- Prepare for board meetings by reading papers beforehand.
- We estimate that the time commitment is around 2 hours a month.



How to Apply

Please provide your **CV** and **Covering Letter** stating:

- Why you are interested in the role
- How your skills and experience match the person specification
- How you can add value to our board.

Please email your CV and cover letter to:
info@improvinglivesnotts.org.uk



Good Luck!