Allkind

Suicide Prevention Champion



www.allkind.org.uk

Registered charity, no. 29270

Allkind

Role Description

Role Title:	Suicide Prevention Champion
Supervised by:	Henrietta Rudman
Time Commitment:	Volunteer Role – up to 4 hours per week
Role Purpose:	To raise awareness, reduce stigma and help communities have safer, more confident conversations about suicide prevention.
Based at:	Hybrid – across Croydon, Kingston, Merton, Richmond, Sutton and Wandsworth

Be a Voice for Suicide Prevention – Become an Allkind Champion

Role Summary

As a volunteer Suicide Prevention Champion, you will help raise awareness of suicide prevention and mental health, challenge stigma and encourage open, supportive conversations. We are looking for people based in Croydon, Kingston, Merton, Richmond, Sutton or Wandsworth who want to make a difference in their local communities. You will work with and be supported by Allkind's Suicide Prevention team.

Main Duties and Responsibilities

- Help people recognise warning signs, understand suicide prevention and know how to respond and where to find support.
- Encourage safer conversations about suicide and self-harm, challenge misconceptions and help reduce stigma.
- Contribute to awareness events, campaigns, community conversations and safe spaces, including sharing relevant experiences where appropriate.
- Promote mental health and wellbeing initiatives within your organisation or local area.
- Work with other Champions, share learning and build links with communities and organisations.
- Help ensure the experiences of people affected by suicide, self-harm and mental health challenges are heard and inform local activity.

Working safely within the role

- This is an awareness and community engagement role, not a counselling, clinical or crisis intervention role.
- You will work alongside or under the direction of the Suicide Prevention team, and will not take sole responsibility for supporting someone at risk.
- You will follow safeguarding procedures, escalate any safety concerns promptly and maintain appropriate confidentiality and personal boundaries.
- You will be supported to share lived experience safely and recognise when to step back or seek guidance.

What we're looking for

- A genuine interest in mental health, wellbeing and suicide prevention.
- Empathy, openness and the ability to communicate with people from different backgrounds.
- A willingness to listen, challenge stigma and, where appropriate, share experiences sensitively.
- An understanding of the importance of safeguarding, boundaries and working as part of a team.

Support / Training:

You will receive an induction, appropriate training, guidance and supervision from the Suicide Prevention team, together with regular check-ins, debriefing and ongoing wellbeing support.

Benefits:

- Make a positive impact in your community
- Be part of a friendly, passionate team
- Training and development opportunities

How to apply

- Application details: Via Website/Indeed
- Deadline for applications: Monday 30th November
- Questions about the role: sps@allkind.org.uk