

After a stroke many people will not be able to drive and may find it challenging to access local activities and services. As a result, many people lose their independence and can become socially isolated. Drivers provide a safe, comfortable transport service to people, so that they can continue to feel part of their local community.

What the role involves:

- As a driver you will be using your vehicle to transport stroke survivors, and sometimes their carers and families, to activities taking place in the local area.
- It might be to a regular event such as a local group meeting or a one-off activity.
- The role can also sometimes involve assisting with transporting baggage and/or equipment, for example walking aids.
- Some drivers also support people by assisting them in and out of the vehicle.

Who the role might suit:

- If you enjoy driving and meeting new people.
- Someone who is a competent and safe driver and who has access to his or her own car or to another suitable vehicle.
- Someone who has good knowledge of the local area.
- Our drivers need a full and valid driving licence, comprehensive vehicle insurance and a car with a valid MOT certificate (if your car is over three years old) and road tax.
- Drivers have regular support from our staff but spend much of their time alone with stroke survivors, so you need to be someone who is comfortable working in this way.

What the role can offer you personally:

- Opportunity to get out and about in your local community.
- Connect with your local community and meet new people.
- Experience of supporting people who have been affected by stroke.
- Chance to make a real difference to people's lives.

Training for this role:

We provide all of our drivers with training, so they feel confident in the role and give the best possible support to stroke survivors.

Essential training that you need to undertake for this role is:

- The Stroke Association Welcome session (online, 2.5 hours).
- General Data Protection Regulation (online module and written resource, 20 minutes)
- Safeguarding (online module, 20 minutes)
- Volunteer driver safety tips (written resource)
- Personal safety for lone working volunteers (online, 1 hour)
- Supporting communication after stroke (online, 3 hours) *

*Only considered essential if your role supports one of our Communication Support Services or you will be providing transport for stroke survivors who have a communication difficulty.

Additional learning opportunities are available to develop your skills and experience:

Stroke: What you need to know / Hidden Effects of Stroke

We offer ongoing support and expenses (mileage).

Where and when you would volunteer:

The role is located in: **King's Lynn** and **West Norfolk**

You would be volunteering every Thursday **9.30am until 1.30pm** approximately 24 weeks a year.

The person to contact about this role is: Gemma Smith, Stroke Association Support Coordinator, on email Gemma.Smith@Stroke.org.uk or call 01366 377803.

A Disclosure and Barring Service (DBS) check is required for this role.

Our vision is for there to be fewer strokes, and for people affected by stroke to get the help they need to live the best life they can.

Our core purpose is to be the trusted voice of stroke survivors and their families. We want to drive better outcomes in stroke prevention, treatment and lifelong support for everyone affected by stroke.

**Volunteer and
make a difference.**

Find out more about stroke, what we do and how you can help:
stroke.org.uk or call our
Stroke Helpline: **0303 3033 100.**