

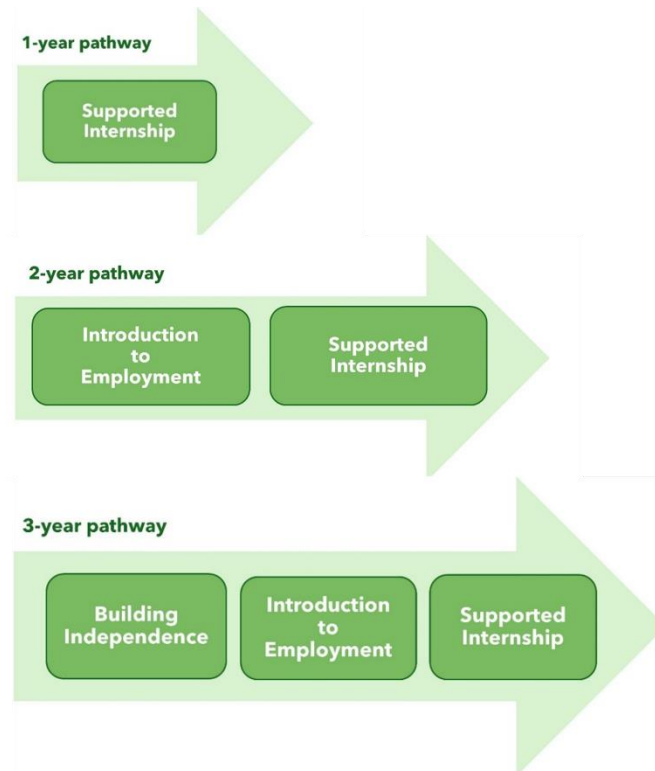
The Autism Project





Supported Employability Programmes

for autistic adults, aged 18-25, with an EHCP

The Autism Project now has **1-year**, **2-year** and **3-year** pathway options

Learners will be assessed before joining the project as part of our admissions process. A pathway will be chosen based on their needs, aspirations and EHCP outcomes. All of our pathways support and prepare learners to identify their **aspirations** and develop **transferrable skills** for their futures



Employment & Education	Independence	Community Inclusion	Health
 Work experience placements and Job Coach support Autism training and support to make adjustments for employers Work skills sessions (Skill Up) Functional Skills (Maths and English) sessions CV writing, mock interviews, and job application support (Careers) Visiting career fairs/events Level 6 Careers Advisor 1:1 Speech and Language Therapy (SaLT) as required	 Travel training-problem solving and confidence building (Gold Award, TfL) Attending work placements independently Daily living tasks, budgeting, cooking skills Weekly self-reflective journals to stretch and challenge	 Local labour market sessions (exploring options for work in local area) Staying safe sessions Social events and support to explore local area groups and hobbies Annual social action day Social skills sessions	 Personal and Social Development sessions: strategies for wellbeing & good health Healthy living challenges Equity, Diversity and Inclusion workshops Sex and relationships workshops Group activities for better health, e.g. art & mindfulness, games, and walks 1:1 support and signposting as needed

To attend one of our monthly information sessions and find out more <https://care-trade.org/events/>



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