

# Policy and Campaigns Volunteer

A Little Bit of Sunshine UK

<b>Role title:</b>	Policy and Campaigns Volunteer
<b>Location:</b>	Remote
<b>Terms:</b>	This is a <b>volunteer role</b>
<b>Hours:</b>	Part-time – 4-6 hours per week
<b>Reports to:</b>	Policy Team Lead
<b>Department:</b>	Policy and Communications

A Little Bit of Sunshine is a new and upcoming youth-led charity that is addressing the mental health crisis through education and the power of young people and their lived experience.

## About the role

As a Policy and Campaigns Volunteer, you will play a key role in supporting our efforts to influence policy, raise awareness, and advocate for improved mental health services for young people. You will work closely with our Policy and Campaigns team to help shape and deliver impactful campaigns and contribute to policy development aimed at creating lasting change.

We are looking for dynamic individuals who will help us to advocate for change, and work collaboratively with other Policy Volunteers and across the wider charity, to plan, create, and roll out policy and campaigns.

## Our Work

We work closely with young people and communities to shape a future where every young person can access mental health support, feel connected, and live without stigma.

Our policy and influencing work aims to create lasting change by addressing systemic barriers to youth mental health care. We advocate for policies that prioritise mental health, ensure adequate funding, and promote accessibility.

## Our Values

We expect everyone who is part of our organisation to be committed to our values and share our ambition to become a more diverse and inclusive charity. Our vision, mission and values can be found on our website at [www.albos.org.uk/about-us](http://www.albos.org.uk/about-us)

## Key Responsibilities

- Assist in research, analysis and drafting of policy papers, briefing notes, and reports related to mental health issues affecting young people.
- Support the development and creation of campaigns that raise awareness and push for reforms in mental health services
- Monitor relevant policy developments, governmental reports, and key discussions within the mental health sector.
- Help with the development of training materials or toolkits for volunteers and supporters to increase awareness and engagement around mental health policy.
- Attend and contribute to team meetings and brainstorming sessions for campaign strategies and policy priorities.
- Contribute to the drafting of letters, petitions, and policy submissions aimed at influencing decision makers.
- Engage with young people to ensure their voices are heard and included in policy recommendations and campaign efforts.

## Person Specification

**In terms of knowledge and experience we are open to applicants with different profiles from within and outside of the Charity sector.** Of the competencies marked “Essential\*”, we expect a minimum of two of these to be demonstrated by all applicants.

Competency	E/D
<b>Knowledge</b>	
Knowledge of mental health issues	<i>Essential*</i>
Knowledge of mental health policy and key stakeholders	<i>Desirable</i>
Familiarity with research methods and ability to interpret policy documents	<i>Essential*</i>
<b>Experience</b>	
Experience in campaigning, (voluntary or paid), including drafting campaign materials and engaging with the public	<i>Essential*</i>
Experience working or volunteering in the charity or non-profit sector	<i>Desirable</i>
Experience in writing policy briefings, reports, or consultation responses	<i>Desirable</i>
Experience in collaborating with diverse groups, including young people, to ensure their voices are heard	<i>Essential*</i>
<b>Skills and Competencies</b>	
Excellent written and verbal communication skills	<i>Essential</i>

Strong research skills, with the ability to gather and synthesise information from multiple sources	<i>Essential</i>
Ability to work both independently and as part of a team	<i>Essential</i>

For an informal conversation about the role please contact the Volunteer Recruitment Team at [\*\*volunteerrecruitment@albos.org.uk\*\*](mailto:volunteerrecruitment@albos.org.uk)

**This role is exempt from the provisions of the Rehabilitation of Offenders Act.**

This role profile is intended as an outline indicator of general areas of activity and will be amended considering the changing needs of A Little Bit of Sunshine. It is expected that the post holder will be as positive and flexible as possible in using this document as a framework.

**Prepared by:** C.Parr, CEO

**Date of Preparation:** September 2024

