



Peer Support Volunteer

When you join us as a volunteer, you'll be part of a community of passionate people coming together to improve people's lives and work towards our vision for a world free from the effects of MS.

As one of our wonderful volunteers, you can get involved in:

- providing support and services to the MS community
- increasing awareness of, and delivering resources to, people affected by MS
- raising vital funds to help stop MS
- boosting our community voice by advocating for MS research and policy

Role details:

Make a difference. Share your experiences. Support others.

Across the UK, we deliver vital services and support for people affected by MS. We connect people to information and resources, and to others in the MS community — helping build a sense of belonging, shared experience and unity.

Living with MS can be challenging and isolating. Sometimes the most powerful support comes from someone who understands it personally. As a **Peer Support Volunteer**, you'll use your own experiences and knowledge of being affected by MS to help others feel understood, informed and empowered.

You'll offer a listening ear, emotional support, and signposting to services and resources that can make a difference.

In this role, you'll develop your listening, communication and people skills, as well as your knowledge of MS and local services.

Most importantly, you'll support people affected by MS to access the help they need.

What you'll be doing:

- Offering support by sharing your own experiences of MS
- Keeping up to date with what services and support are available for people to access nationally, regionally and locally

- Helping people access services and support, including from our MS Helpline, Living Well virtual support, NHS services, local support and online tools
- Connecting with people to understand their needs and goals
- Supporting people to improve their wellbeing, reduce isolation and grow their confidence
- Meeting people regularly (online or via telephone) to check in and continue support
- Listening to feedback and helping us understand what works and where we can improve

What you'll get in return:

- You'll be part of our amazing volunteer network
- You'll develop new skills, which can improve your CV and employability
- You'll be making a real difference to people's lives
- You'll get a say in influencing our work
- You'll receive a Volunteer Welcome Pack
- You'll have an induction to your role
- You'll get support from your Volunteer Manager
- You'll gain access to Learning and Development opportunities
- You'll be reimbursed for any related expenses while carrying out your role

Training:

'Must Do' Training	Role Specific Training
Data Protection	Induction with Volunteer Manager
Safeguarding	Peer Support

For Recruitment use only:

Volunteer Manager: Community Development Officer

Disclosure: DBS (England, Wales, NI) or PVG (Scotland)