

# Neurodiversity Trainer

## AuDHD UK

Location: Remote (UK-based essential) - there may be the option to conduct in person sessions but this will be discussed further if the opportunity arises.

Reports to: Neurodiversity Training Coordinator

Commitment: Flexible, sessional (details negotiable)

Role: Volunteer position

Purpose: To deliver high-quality, engaging, and accessible Neurodiversity Training sessions to a range of audiences, promoting understanding, inclusion, and best practice in line with AuDHD UK's values. All sessions will include a Q&A session throughout or at the end so a good understanding of neurodivergence (especially Autism and ADHD) in adults is essential.

## Key Responsibilities

### Training Delivery

- Facilitate Neurodiversity Training sessions (online or in-person), adapting content and delivery style to suit different audiences.
- Use lived experience, professional knowledge, and evidence-based approaches to enhance participant learning and engagement.
- Ensure all training content is accurate, up-to-date, and reflects current best practice.

### Session Preparation

- Review and prepare training materials in advance of each session.
- Liaise with the Training Coordinator to confirm session logistics and participant needs.
- Tailor session content as required for specific client groups or settings.

### Feedback & Continuous Improvement

- Collect and respond to participant feedback to continually improve delivery.
- Participate in debriefs and reflective practice with the Training Coordinator, other trainers, and volunteers.
- Suggest updates or new topics for the training programme based on emerging trends and feedback.

### Safeguarding & Professionalism

- Adhere to AuDHD UK's safeguarding, confidentiality, and data protection policies at all times.
- Escalate any concerns or incidents to the Training Coordinator or Designated Safeguarding Lead.

## Essential Skills & Attributes

- Experience in delivering training, workshops, or group facilitation (neurodiversity or related topics preferred).
- Strong communication and presentation skills.
- Ability to engage diverse audiences and adapt content as needed.
- Professionalism, reliability, and commitment to high standards.
- A good understanding of Neurodivergence, mental health and late-diagnosis of neurodivergence and creating a positive, neuro-affirmative workplace.
- Lived experience of AuDHD or neurodivergence (highly desirable).

## Time Commitment Estimate

- 1–6 hours/session (including preparation and delivery), approx. one session per month.

## Mission Alignment Requirements

All applicants must demonstrate:

- Understanding of AuDHD UK's core purpose.
- Commitment to volunteer-led service delivery.
- Adherence to safeguarding and ethical guidelines.