

Job title: Trustee

Reports to: Chair of Muslim Youth Helpline

Hours: Flexible, Approx 6-8 hours per month (some evening and weekends required)

Contract: Voluntary

Overview of The Charity

The Muslim Youth Helpline (MYH) is a national award winning charity providing faith and culturally sensitive support services to young people in the UK. Its core service is a free and confidential helpline open seven days a week via telephone, email, internet chat and WhatsApp. MYH is a dynamic organisation that puts service to its clients at the heart of everything that it does.

Vision: A future where young people are empowered to overcome challenges and live a God-centred life of meaning and purpose.

Mission: To provide a range of culturally informed services to improve the mental wellbeing of young people.

Role Description

The Board of Directors is opening up the opportunity for new Trustees to join MYH. If you are passionate about making a difference and have the skills, knowledge, or experience to support MYH during an exciting period of growth, we would love to hear from you.

As part of our ongoing Board development, we welcome applications from individuals with diverse backgrounds, skills, and perspectives who share our values and commitment to our mission. While all applications are encouraged, we would particularly value experience in governance, strategic oversight, and organisational development at this stage of the charity's journey.

As part of MYH's ongoing Board development and succession planning, we are particularly seeking to appoint Trustees in two priority areas:

1. Future Chair of Trustees

We are seeking an experienced strategic leader who may be interested in progressing into the role of Chair of Trustees within the next 9–12 months, following a planned leadership transition. Previous Chair, Board, Non-Executive, or senior leadership experience would be highly valuable.

2. Governance and Organisational Oversight

We are also looking to strengthen Board capability in charity governance, legal and regulatory compliance, safeguarding, risk management, HR oversight, and

organisational policy development.

As MYH continues through a period of growth and organisational development, these

appointments will play an important role in supporting the charity's long-term sustainability, accountability, and impact.

Key Responsibilities

As a Trustee of MYH, you will work collectively with the Board to provide effective governance, strategic direction, and oversight to support the charity's mission and long-term sustainability. Key responsibilities include:

- Contributing to the strategic direction and overall governance of the charity
- Ensuring the charity operates in line with its charitable objectives, governing documents, and legal responsibilities
- Supporting effective decision-making by providing independent judgement, constructive challenge, and professional insight
- Promoting accountability, transparency, and ethical leadership across the organisation
- Overseeing the charity's financial sustainability, including monitoring resources, budgets, and fundraising opportunities
- Supporting the identification and management of organisational risks, including safeguarding responsibilities where appropriate
- Acting in the best interests of the charity and its beneficiaries at all times
 - Championing the charity's mission, values, and impact with stakeholders and the wider community
- Working collaboratively with fellow Trustees and the leadership team to support organisational growth and development
 - Attending Board meetings, contributing to discussions, and participating in relevant sub-groups or activities where required
 - Supporting good governance practices, compliance, and continuous improvement across the organisation

Person Specification

General Requirements

- A strong commitment to the mission, values, and objectives of Muslim Youth Helpline
- A willingness to devote the necessary time and effort to support the growth and development of a small, fast-paced, and dynamic charity
- Strategic vision and the ability to contribute to the long-term direction of the organisation
- Good independent judgement and the ability to make balanced, informed decisions
- An ability to think creatively and contribute innovative ideas and solutions
- A willingness to engage in open, honest, and constructive discussions, including difficult conversations where necessary
- An understanding and acceptance of the legal duties, responsibilities, and liabilities associated with trusteeship
- An ability to work collaboratively and effectively as part of a diverse Board and wider team
- A commitment to equality, diversity, inclusion, and respectful governance practices
- A commitment to Nolan's Seven Principles of Public Life: selflessness, integrity, objectivity, accountability, openness, honesty, and leadership

Desirable Skills and Experience

While we welcome applications from individuals with a broad range of backgrounds and experiences, we would particularly value:

- Previous Board, Trustee, Non-Executive Director, or governance experience
- Experience in governance, charity leadership, or strategic organisational oversight
- Knowledge of safeguarding, risk management, HR, legal compliance, or organisational policy development
- Strategic planning and organisational development experience
- Financial oversight, fundraising, or financial sustainability experience
- Experience supporting organisations through periods of growth and change
- An understanding of the needs and challenges affecting young people and Muslim communities

MYH has four core values; non-judgemental, accountability, rooted in faith and compassion. You will be expected to demonstrate all four values throughout the recruitment process and within your role at MYH.

Commitment

Trustees are expected to commit 4-8 hours of work during each month to complete any necessary Trustee tasks agreed by the Board to support a rapidly growing Muslim Youth Helpline.

The specified hours above are an indication only. The successful candidate may be expected to work additional hours and on occasional weekends.

Equality and Diversity

Muslim Youth Helpline (MYH) are committed to our Equality and Diversity Policy. Under Section D of our Equality and Diversity Policy (Policy Statements) MYH are committed to ensuring that all candidates are given equal access to our employment opportunities regardless of their age, gender, race, sexual orientation, marital status and any other defining characteristics.

Applying

To apply, please send a copy of your CV and a covering letter to:

secretary@myh.org.uk