

JOB DESCRIPTION

Title:	Mind My Home – Solution Focused Brief Therapy Counsellor (Maternity Cover)
Responsible to:	Adult Services Service Manager
Contract:	Until April 2025 with possibility of extension (Maternity Cover)
Hours:	35 hours a week
Salary	£36-38,000
Location:	Across Spelthorne, the tri-borough of Hammersmith & Fulham, Ealing, and Hounslow, and home-based working.

About Hammersmith, Fulham, Ealing, and Hounslow Mind

We're Hammersmith, Fulham, Ealing, and Hounslow Mind, part of Mind the mental health charity. We won't give up until everyone experiencing a mental health problem gets support and respect. We provide advice and support to empower anybody experiencing a mental health problem and we campaign to improve services, raise awareness, and promote understanding.

We work in Hammersmith, Fulham, Ealing, and Hounslow and have a range of services and products to help children, young people and adults maintain and regain their mental health. We work with employers, partners, community groups and other charities to achieve our aims.

Role purpose

We are looking for maternity cover for a full-time counsellor role on our Solution-Focused Brief Therapy (SFBT) counselling service, Mind My Home. The service offers SFBT to adults (18+) with low to moderate mental health needs.

We are looking for experienced candidates with post graduate qualification in CBT, Counselling or Psychotherapy and accreditation from a relevant professional body e.g. BACP (Registered member MBACP).

Due to the nature of the work, if successful, you will need to have an up-to-date DBS check completed prior to undertaking unsupervised client work.

Place of work

Counselling sessions will take place face-to-face, virtually, and via telephone, so you will need to travel across Spelthorne and the tri-borough of Hammersmith & Fulham, Ealing, and Hounslow, and have the option to work remotely.

Key Responsibilities

- Facilitating the 8 sessions (7+1 assessment) of SFBT for new referrals.
- Assisting in the triage and booking of SFBT appointments.

Training

Training will be provided and, as part of the Hammersmith, Fulham, Ealing, and Hounslow Mind induction the following training will be compulsory:

- Safeguarding of vulnerable adults
- Mental health awareness
- Equality and diversity
- Health and safety

Person Specification

Knowledge and Experience

Essential

- 3+ years' experience (Required)
- BACP or HCPC Registration
- Receiving clinical supervision
- Experience counselling adults (18+) using CBT and SFBT
- Excellent written communication.
- Experience recording using a database

We are an equal opportunities employer; and are proud to employ a workforce that reflects the diverse communities we serve. We welcome applications from all suitably qualified persons from all backgrounds.

Post is subject to a DBS check.