

ROLE DESCRIPTION

Dementia Carers Hub Group Assistant Volunteer (in person)

Responsible to:	Service Manager
Time Commitment Hoped:	Around 3 hours per week
Location:	Currently seeking in Erdington, Sutton Coldfield, or Perry Barr – specific times below
Frequency:	Weekly

About the Service

Age UK Birmingham is a delivery partner for the Dementia carers hub, providing carer groups and activity across Birmingham. The project aims to connect with carers who are supporting people living with dementia. Each group is designed around the needs of the carers and offer support through activity, peer support, and awareness. If you enjoy making a real difference, and supporting people through a trying journey, then this is this volunteering opportunity is for you.

Travel expenses will be paid via an expenses form on a monthly basis.

About the Role

Our carers hub volunteers are responsible for facilitating the running of the weekly group providing conversation, running of activities, and assistance in setup/shut down.

Specific tasks may include:

- To undertake the volunteering induction program including relevant training
- Keep a record of attendance
- Support the setup of the room ready to welcome clients
- Coordinate activities where required
- Provide assistance with house-tasks including serving refreshments and dish washing
- Suggest and plan suitable and engaging activities in the groups
- Establish, maintain and develop relationships with clients by chatting and ensuring a positive atmosphere
- Report any concerns about users to the service manager
- Attend team meetings as required

Personal qualities and skills most suited to this role

- Some familiarity with dementia preferred but not required
 - Thursday's Perry Barr group **does** require experience with dementia care due to the group being open to carers and their loved one with dementia
- Good communication skills, patience, and kindness
- Empathy towards older individuals
- Team player with reliability and trustworthiness
- Cheerful and energetic demeanour
- Interest in creating activities for and getting to know seniors

What the role can offer you

- As a group assistant volunteer, you will be part of creating a supportive community for dementia carers within the city
- The role is an opportunity to connect with and support your local community
- You will meet with new people who care about the same things
- **You will make a real difference to people's lives**
- A chance to develop new skills with a local charity, which can improve your CV and employability if this a goal

Additional Information

Full training is provided which will consist of a variety of both online and in-person training.

This role will also require an Enhanced Disclosure and Barring Service (DBS) check, which we will organise for you.

Current locations:

- Erdington, Pype Hayes United Reformed Church – Monday 10:00 – 12:00
- Sutton Coldfield United Reformed Church - Wednesday 13:00 – 15:00
- Perry Barr, Old Oscott Community Centre - Thursday 11:00 – 13:00

Contact

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Complete our **online Application Form** - [HERE](#)

If you'd prefer a paper form, please email or call Louise.