



www.selfinjurysupport.org.uk



Who We Are:

Self Injury Support is an experience-led, UK-wide charity providing support for, and improving knowledge around, self-harm.

Our vision is that anyone who uses self-injury knows they are not alone; everyone understands that self-injury is a complex and important issue we should all care about; and together we tackle both the causes and stigma of self-injury.

We do this by offering a range of online, remote, and in-person support services, as well as delivering training, education, and consultancy and taking part in research and working alongside partner organisations to help tackle stigma and ensure that the voices of people affected by self-injury are heard by policy and decision-makers in the UK.

What We Offer:

- Flexible and adaptable workplace
- A friendly and inclusive team environment with pro-active support around employment needs and applications to Access to Work
- Annual leave entitlement of 28 days plus bank holidays pro rata
- Employer pension contribution of 4%
- Personal training budget
- Up to 5 mental health days per year
- Internal training and development opportunities

What We Are Looking For:

We are looking for a support worker with lived experience of self-harm to join our existing team working with people who have attended A&E for self-harm treatment.

About the Service:

The Lived Experience of Self-Harm Support Service offers one-off follow up appointments within one week to people over 18 who have attended A&E or walk in centres in Bristol, South Gloucestershire or North Somerset for self-harm treatment. We see anyone over the age of 18 who does not meet the criteria for NHS Community Mental Health Services and is not at risk of severe self-harm or suicide. We offer a one-off appointment of up to 1.5hours with a focus on offering a listening and holding space and exploring a range of community support and self-help resources relevant to the person's situation.





About the Position

Lived Experience of Self-Harm Support Worker

Pay grade: NJC Grade Point 14 - Salary £27,334 pro-rata

Hours: 14 - 21 per week. Our Service operates from 9am – 5pm Monday to Friday, but there is flexibility as to how hours are worked over the week.

Location: Central Bristol Office, Bristol Royal Infirmary, Southmead Hospital Bristol and Weston General Hospital, with some home working for administrative tasks.

Deadline: Friday 14th June 2024, 5pm

We are looking for an additional support worker with lived experience of self-harm to join our existing team working with people who have attended A&E for self-harm treatment. This role has been developed specifically for people who have lived experience of self-harm. Self-harm can take many forms but for the purposes of this role we mean things which someone has done to themselves with the clear intention of causing harm.

This role is not about sharing personal stories of self-harm, but some exploration of your experiences will be part of the interview and training process. All questions will be provided in advance of the interview and training will be run in a small, closed group. Both the interviews and training will be facilitated by people who have used their self-harm experiences in their working lives.

As an organisation we have a strong commitment to equality of opportunity and are particularly keen to invite applications from currently under-represented communities in the voluntary sector. We encourage applications from people with lived experience of self-harm and mental health difficulties.

How to apply:

- Read the Job Description and Person Specification
- Return completed Application Form to: <u>info@selfinjurysupport.org.uk</u> or by post as soon as possible
- Please complete and return our equal opportunities monitoring form: https://forms.office.com/e/BdFs1v74DD or by using the QR code across:

