## The Lead Organisation for CBT in the UK and Ireland

British Association for Behavioural & Cognitive Psychotherapies



## Non-executive/Lay Director

## **Person Specification**

| Assessment method                                           | Criteria                                                                                                                        | Essential | Desirable |     |  |  |  |  |
|-------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|-----------|-----------|-----|--|--|--|--|
| Qualifications/ Education/ Training/ Technical Requirements |                                                                                                                                 |           |           |     |  |  |  |  |
| Application/ post interview                                 | Have, or be eligible for, Enhanced DBS check                                                                                    | √         |           |     |  |  |  |  |
| Experience/ Knowl                                           | edge                                                                                                                            |           |           | •   |  |  |  |  |
| Application/<br>Interview                                   | Proven track record of excellence within a profession                                                                           | √         |           |     |  |  |  |  |
| Skills/ Abilities                                           |                                                                                                                                 |           |           | II. |  |  |  |  |
| Application/ Interview                                      | Excellent communication skills, especially written and verbal                                                                   | √         |           |     |  |  |  |  |
| Application/ Interview                                      | Possess an independent mindset,<br>emotional intelligence, sound<br>judgment, tact and integrity                                | V         |           |     |  |  |  |  |
| Application/ Interview                                      | Interpersonal skills, including the ability to communicate professionally with a range of stakeholders                          | V         |           |     |  |  |  |  |
| Application/<br>Interview                                   | Flexible outlook and willingness to contribute                                                                                  | √         |           |     |  |  |  |  |
| Application/ Interview                                      | Ability to grasp the detail of a wide range of issues and contribute to objective decision-making by exercising sound judgement | V         |           |     |  |  |  |  |
| Application/<br>Interview                                   | Possess close attention to detail                                                                                               | √         |           |     |  |  |  |  |

| Application/ Interview    | Very good soft skill set including empathy, sensitivity, composure, and interpersonal skills                                                                 | √ |   |  |
|---------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|---|---|--|
| Application/ Interview    | An ability to establish and maintain excellent working relationships with a changing group of colleagues from a diverse range of backgrounds and experiences | V |   |  |
| Application/<br>Interview | An ability to combine strategic thinking skills with attention to detail                                                                                     | V |   |  |
| Application/<br>Interview | A thorough understanding of reputational and other risks                                                                                                     | √ |   |  |
| Application/<br>Interview | Clear understanding of the importance of upholding the public interest in high quality, efficient, consistent, equitable and proportionate regulation        | V |   |  |
| Application/<br>Interview | An awareness of Equity, Equality,<br>Diversity and Inclusivity initiatives                                                                                   | √ |   |  |
| Application/<br>Interview | The ability to explain and also to justify decisions in language appropriate for a broad and diverse range of interested parties                             | V |   |  |
| Application/ Interview    | Knowledge of the legal and/or policy context affecting delivery and development of professional practice in a health, social care or therapeutic setting     |   | V |  |