



## JOB DESCRIPTION

<b>POST</b>	<b>Children's Psychotherapist</b>
<b>ACCOUNTABLE TO</b>	Clinical Director
<b>HOURS</b>	Full Time
<b>PAY</b>	£30-33k
<b>PLACE OF WORK</b>	Northamptonshire & West Midlands

### **CORE PURPOSE:**

Under the management of the Clinical Director Deputy, to provide specialist, evidence-based trauma therapy to children and young people seeking help from ASSIST throughout Northamptonshire and the West Midlands.

Therapy will be provided in an age-appropriate manner.

ASSIST is a member of the United Kingdom Psychological Trauma Society and the European Society for Traumatic Stress Studies. All ASSIST specialist therapists are expected to work according to evidence based practice models (currently C.B.T. and E.M.D.R.), and in accordance with ethical practice.

### **Key Tasks**

1. To provide specialist evidence-based trauma therapy in an age appropriate manner, to include play and art therapy to children and young people across Northamptonshire and the West Midlands seeking help from ASSIST.
2. To deliver robust assessment and formulation measures, ensuring effective and appropriate interventions are delivered.
3. To deliver client services directly, and to receive appropriate clinical supervision accordingly.
4. To attend multidisciplinary meetings and liaise with various professionals as required for the wellbeing of the clients.
5. To be non-judgemental in approach to all work.
6. To provide information on service provision and trauma/Post Traumatic Stress related issues to schools, parents and other professionals, and how children can be affected by trauma.
7. To assist and maintain the administrative systems for managing casework and the upkeep of all client records, and to ensure confidentiality for all ASSIST Service Users, within the confines of the ASSIST confidentiality policy and Child Protection & Safeguarding Policy.
8. To maintain confidentiality and respect when dealing with client information.
9. To adhere to all ASSIST's policies and procedures and to promote the values, spirit and ethos of the organisation at all times.



10. To assist in the daily administration of the ASSIST Clinical service, including the support systems underpinning this service.
11. To meet with the ASSIST Staff team to discuss appropriate development of the ASSIST service.
12. To produce written reports related to the area of work as required.
13. To be an active member of the ASSIST team, and to undertake other duties as commensurate with the nature of the post, as specified by the ASSIST Clinical Director, Finance Director and Trustees.
14. To participate in regular performance reviews, compiling or relevant statistical data, and annual appraisal.
15. To fully recognise the complexity of the field of work, and continuously to update training and practice, according to current and on-going research findings.

## **STAFF BENEFITS**

Clinical Supervision

Continuous professional development

## **PERSONAL SPECIFICATION**

Essential Requirements:

- Relevant professional qualifications and significant recent experience
- Experience in working with children and young people who have suffered psychological trauma, traumatic bereavement and also in working with children in creative ways.
- Ability to relate to and engage with children and young people of all ages.
- An understanding of child development and how this may be impacted by traumatic experiences.
- A knowledge and understanding of PTSD and of current treatment options according to NICE guidelines.
- Well-developed literacy, numeracy and written and oral communication skills.
- The ability to communicate with people from a variety of social, cultural and professional backgrounds.
- A commitment to the aims and guiding principles of the organisation with regard to the support of those who are experiencing PTSD.
- The ability to work as part of a team and also to be self-motivated and directed.
- A non-judgemental approach.
- Openness to new ideas and flexibility in relation to ways of working.
- Availability to attend the ASSIST internal and external training courses.
- A working knowledge of current Health and Safety, Equal Opportunities and Data Protection Act legislation.

**N.B. This post is exempt from the Rehabilitation of Offenders Act.**

**The successful candidate will be required to undergo an enhanced D.B.S. check.**