CARERS TRUST

Introducing Carers Trust

About us

Our vision: Unpaid carers are heard and valued, with access to support, advice and resources to enable them to live fulfilled lives.

Our mission: We work to transform the lives of unpaid carers through collaboration, influence, evidence and innovation.

We were created more than ten years ago through the merger of the Princess Royal Trust for Carers and Crossroads Care – two innovative and respected charities which had reach into the heart of local communities and had developed a network of local carer organisations.

As the need for a UK-wide network of local carer services became ever more obvious, the two charities merged in 2012 to form Carers Trust, with HRH the Princess Royal becoming our President.

One in three of us in the UK will at some point in our life support a loved one with a mental or physical health condition, or addiction.

Carers Trust is proud to operate the largest UK-wide network of local carer organisations providing support for unpaid carers.

Our main objectives for 2022- 2025:

- **No carer is pushed into poverty or is financially disadvantaged by their caring role.**
- **Every carer has access to a high-quality local carer organisation.**
- **All carers, regardless of circumstances or age, are able to enjoy a fulfilling life alongside their caring relationship.**

Our year in numbers 2024

1.1 million
carers reached across the UK

Our network of **130** local carer organisations is now covering **88%** of all local authority areas across the UK

41,434
young and young adult carers directly supported

180+
decision-makers engaged with over the past year

£5,657,425
awarded in grants to support carers and local carer centres

Over **4,500** carers involved in amplifying our mission UK-wide

Thanks to the support of our Network Partners:
88%
of carers have seen an improvement in their **quality of life**

Over its three years, our Making Carers Count programme supported
20,500+
carers from underrepresented groups - with **81%** now feeling more able to cope in their caring role

Thank you
to all our supporters, such as **Pears Foundation** and **People's Postcode Lottery** with whom we raised a total of **£11 million** to support carers

For every **£1** we spend on income generation, we leverage a further **£11.06** towards our cause.

Watch our Impact Report film by scanning the QR code

Our values

WE ARE COURAGEOUS

We create an environment where people feel empowered to experiment, innovate and take well informed risks.

We speak up, challenge and act when we see an opportunity or when there is an injustice and want to enable unpaid carers, network partners and supporters to be bold, and seek out opportunities for us to work together to create effective change and suggest innovative ideas for improvements in what we do.

WE ARE INCLUSIVE

We treat others with dignity and respect, build genuine and positive relationships, and take every opportunity to get know and understand people.

We recognise and set a value on listening to the experiences of as diverse a group of unpaid carers, network partners and supporters as possible in helping us to meet the needs of unpaid carers in new and exciting ways and to shape services that are truly inclusive.

WE ARE TRUSTED

We respect people no matter what their status by developing relationships that are honest, open, and collaborative.

We work as a trusted partner working collaboratively and building genuine relationships with unpaid carers, network partners and supporters to deliver the services we say we will. We behave with integrity, transparency, and value everyone's contribution to our work.

Our benefits

We are proud of the benefits package we offer all employees and are always looking for ways to show our people they are appreciated for the great work they do.

Carers Trust offers a generous annual leave allowance of **29.5** days plus bank holidays.

Our holiday buy scheme gives employees the opportunity to purchase up to **3 extra** days of annual leave per year.

All employees have the opportunity to make **2 flexible working requests** per year starting from their first day.

Our workplace pension is with Aegon your contribution starts at **5%** and **Carers Trust matches** that from day one for new starters.

Our health discounts plan with HSF, includes our Employee Assistance Programme including **legal, GP, and counselling services.**

We encourage employees to take part in volunteering opportunities and offers **2 paid volunteering days** a year.

Employees have access to **1000s of discounts via Perkbox**, including shopping, entertainment, dining, travel, and wellness.

We lead the way in offering our employees **2 weeks paid carers leave a year**, to help balance caring responsibilities alongside their work.

Carers Trust provides all employees with **life and critical illness cover** as well as **enhanced parental leave.**