



Parents supporting parents

Home-Start's volunteers work alongside families to give compassionate and confidential support, tailored to each family. Our volunteers are trained and given expert support from the local Home-Start in their community.

To find out more about volunteering for Home-Start visit www.homestart-hillingdon.org.uk

We help families from all backgrounds through their most challenging times

To find out more about Home-Start visit www.homestart-hillingdon.org.uk or 01895 252 804



Charity no. 1100534

All Saints Church Hall, 306 Long Lane, HILLINGDON, UB10 9PE



Home-Start Hillingdon

The earliest years make the biggest impact: Home-Start make sure those years count so that no child's future is limited.





Working alongside families

Being a parent has never been easy. It can be lonely, frustrating, heartbreaking and overwhelming.

Life-changing events can happen to anyone. All parents struggle at one time or another. That is why Home-Start is ready to support families through their toughest times.

Home-Start support is free and volunteers visit families in their own homes for 2-3 hours a week, building a relationship with your family and providing support, befriending and practical help.

Home-Starts work with families experiencing challenges including:

- Isolation
- Postnatal Depression
- Difficult Personal Circumstances

We work with families to build on their strengths and give them the support they tell us they need.

All our services are based around the principal that volunteers offer no judgement, just compassionate, confidential help and support.

If you have a child under 5 and feel you could benefit from our service, you can contact us yourself. We also take referrals from other professionals supporting you.

Volunteer for Home-Start Hillingdon

Do you have parenting experience? Get in touch to find out how you can train to be a Home-Start volunteer and make a huge difference to the lives of families.

We run regular Volunteer Preparation Courses (9 sessions 9:45 - 2:30).

Contact us on 01895 252804 or email office@homestart-hillingdon.org.uk to find out how to apply. Full training and expenses are provided.

"With the support of a Home-Start volunteer, I learned how to interact and play with my son, put boundaries in place, and create a safe and secure home. After Home-Start helped to change my life, I decided I wanted to become a volunteer for the charity".

— Louise

Contact us today to find out more about how Home-Start works with families

www.homestart-hillingdon.org.uk
01895 252 804