

Tel: 07796 143118 hello@sayaphasia.org sayaphasia.org Charity No: 1169933

# **Helping Hand Volunteer**

Reports to: Peer Leader.

Responsible to: Charity Coordinator.

Position: Volunteer.

# **Role Description**

The Helping Hand Volunteer is part of the volunteering team of Say Aphasia. Alongside the Peer Leader and Support Group Assistant, the Helping Hand Volunteer supports individual Say Aphasia meet-ups. As the name suggests this role is likely to be flexible within each group. The role may vary but is likely to include one or all of the activities listed below.

# Possible Roles

#### Support the smooth running of each individual Say Aphasia meet-up by:

- Providing a safe, inclusive and accessible environment.
- Setting up the room and tidying up.
- Welcoming all group members, guests and visitors.
- Safely providing teas, coffees and other refreshments.

## Provide communication support for members during the drop-in group:

- Instigate conversation between members, if necessary.
- Show an understanding of aphasia.
- Be aware of, and capitalise on each members' communication preferences (their preferred way to have a conversation), as conversations aren't just speaking.
- Offer a listening ear to members.
- Ensure communication tools are accessible during the meet-up.



## Contribute to improving the service:

- o Report any concerns or issues to the Charity Coordinator .
- Discuss suggestions for improvement and innovations with the volunteer team.

# • Support other volunteers:

- o Attend regular catch-ups with the Peer Leader and fellow volunteers.
- Encourage a positive group ethos.
- Adhere to Say Aphasia's policies and procedures.
- Be an active advocate for Say Aphasia.
  - o Promote the group where possible.
  - o Hand out flyers / postcards locally to GP surgeries.