



Chair of the Trustees Expression of Interest form

We are a vibrant community of people with Multiple Sclerosis (MS). We work together to lessen the impact that this chronic condition has on our lives, and to support our carers and families.

We provide a range of therapies and classes that give symptom relief, maintain current abilities, slow progression and relieve anxiety and depression. Our fully accessible café helps to counter isolation and encourage peer support. We hold a library of information on current research and advice on statutory and community services that improve and enrich our lives.

Trustees are expected to be able to attend Committee meetings every two months as well as giving additional support and work as required, in their field of expertise. Our Board also has sub-committee(s) that focus on different areas of work or projects. The Chairperson would be expected to get involved with one or more of these, as well as having a good understanding of the charity's work overall.

Trustee appointment is subject to a Standard DBS check.

Thank you for your interest in becoming our Chairperson. Please complete this form in full and return to us at: a.clough@mssussex.com

Please indicate if you are currently, or have ever been a member of the centre Yes/No

Name.....

Address.....

.....**Email:**.....

Telephone.....

Please write in no more than 1000 words why you would like to be considered for the role of Chairperson. Please include the skills and experience you think you can bring to the role.