

TRUSTEES – GENERALIST AND SPECIALIST

Voluntary roles

Do you share our vision of affordable and accessible mental health counselling, and want to be at the forefront of our mission to do more, for those in need, through a sustainable charitable enterprise?

Evolve counselling is seeking additional experienced senior leadership professionals to join us as Trustees in general governance roles and also specialists in mental health and counselling therapies (delivery and standards), plus commercial business development – to contribute to our sustainability and growth ambitions.

We are focussed on creating a platform for growth, to meet the surge in demand for counselling therapies. With a recent change of Chair, other new Trustees joining the board, and the retirement of our current CEO on the horizon, this is a time of change and the next three years are crucial for success.

We welcome applications from individuals with backgrounds in any of the following areas:

- Business strategy and planning
- Commerce/industry/NHS/Government
- Charitable Governance - and the Nolan Principles of public life
- Working at senior strategic levels within the charity/CIO sector
- Financial management
- Legal expertise
- Experience of leading in health services, mental health, advocacy, or advice services

It is, of course, crucial that all our trustees can commit to bring time, energy, engagement, and expertise to our work. In addition to taking decisions on major matters they participate through committees and working groups, guiding and encouraging the efforts of our small and resolute management team through their own experience and contacts.

Details

Trustee – Evolve Counselling CIO (1181861)

- **Location:** Remote/Cambridgeshire area
- **Voluntary role:** Reasonable expenses paid.
- **Time commitment:** The board meets 4-5 times per year mostly online, with an AGM in person meeting, and four committees meeting at various intervals. An average commitment is about 1-2 days per month outside office hours.
- **Term:** Negotiable. Trustees generally commit to a three-year term, extendable by re-election.
- **Application closing date:** Applications are sought on a rolling basis.

About Us:

Evolve Counselling is a long-established charitable social enterprise, providing low cost, affordable or funded mental health counselling to adults in Cambridgeshire and surrounding counties. Our counselling community is made up of 50 – 60 qualified self-employed practitioners, working part-

time. We deliver talking therapies to adults – online and in person. Our service delivers around five hundred counselling sessions per month to a broad range of individuals, many of whom would not otherwise be able to access counselling support. Evolve also provides supervision, reflective practice, critical incident support, and mental health awareness and related training, to organisations and businesses large and small.

Who we're Looking For:

Our Trustee Board is currently drawn from the counselling and therapies community, plus commercial, public sector, and other charity backgrounds. Now, with crucial development of the CIO ahead, we are looking for new members to expand the Board to its maximum ten places and to gain skills and insight from an equal, diverse and inclusive group that takes in business skills, knowledge of charities, expertise in health services, and experience of not-for-profit leadership and finances, to make growth plans a reality.

The Board will keep us on track with good governance through oversight of our work and will also help our new CEO to secure a sound financial base from which to grow our operations to meet the ever-increasing demand for our services.

Application process: Please email Margaret at projectssupport@evolvecounselling.org.uk with your CV and letter of application, stating why you'd like to become a Trustee at Evolve Counselling and how your skills and experience align with our plans for growth. Following that, our Chair or CEO will be in touch to set up an informal discussion of the role.

Closing date: Applications are being accepted on a rolling basis, but early application through April/May 2026 is encouraged.