

TRUSTEE ROLE DESCRIPTION

Joining the Board of Dementia Adventure

This is an exciting time to join the Board of a growing and successful charity. Since its inception 15 years ago, the charity has gone from strength to strength, and this past year has been no exception with new partnerships, the launch of Green Letter Days, an engaging social media campaign, and a growing team of committed professionals. The current Chair joined the Board five years ago and was involved in appointing a new CEO three years ago. The trustees and the Chair bring knowledge and expertise from industry, healthcare, law and finance.

About Dementia Adventure

We think differently about Dementia and help others do the same through specialist training for a range of sectors and informal carers and our delivery of 40 supported holidays a year around the UK.

We look at what people can do, not what they can't. We believe that, with the right support, everyone living with dementia can experience the well-being benefits of nature and the outdoors and, in so doing, enjoy a more active and fulfilled life.

Vision

A more active and fulfilled life for everyone living with dementia.

Mission

Supporting people with dementia in getting outdoors and experiencing the benefits of nature.

Values

Positivity: We look at what is possible rather than what isn't. We encourage 'positive-risk' taking that enables people with dementia to connect to nature for enjoyment and their health and well-being.

Care: We put the individual first, not the condition. We listen and take time to understand what life is like for others. We will work with you to find solutions tailored to your circumstances.

Connection: We enable people to connect to the benefits of nature, themselves, and their community. We help them enjoy their passions, dreams, and interests and reduce isolation and loneliness.

Empowerment: We inform, inspire, and equip you to take action that suits your circumstances. We work with you and support you in making the right choices.

Inclusivity: We believe support should be available for everyone living with dementia and those who care for them, regardless of gender, race, religion, ability, or socio-economic status.

The Role of Trustee

Being a Trustee is an exciting and fulfilling role. The most effective Boards benefit from individuals from diverse backgrounds, experiences, and skill sets. The role of a Trustee is to ensure a charity fulfils its duty to its beneficiaries and delivers on its vision, mission, and values. Specific duties can be found further below.

Time commitment

We estimate an average time commitment of three hours per month. There is an expectation to join

one of our three sub-committees, who meet twice a year. Attend four full board meetings yearly, two in person and two online. Support an annual strategic review and occasionally be involved in one-off projects.

Remuneration

The role of Trustee has no financial remuneration, although expenses for travel may be claimed.

Location

Dementia Adventure is based in Ford End, near Chelmsford in Essex, but we work nationally. Most of our meetings are held online, but we aim to meet in person at least twice a year for board meetings in Central London or Essex—this meeting is also digitally accessible.

Duties and responsibilities

The Board of Trustees is jointly responsible for the charity's overall governance and strategic direction, financial health, and activity probity, as well as for developing the organisation's aims, objectives, and goals under the governing document and legal and regulatory guidelines. Trustees also have the opportunity to volunteer on a supported holiday if they wish.

The statutory duties of a trustee are to ensure that the charity:

- Pursues its stated objects (purposes), as defined in its governing document, by developing and agreeing a long-term strategy
- Complies with its governing document, charity law, company law and any other relevant legislation or regulations
- Applies its resources exclusively in pursuance of its charitable objects for the benefit of the public
- Defines its goals and evaluates performance against agreed targets
- Safeguards its good name and values
- Carries out effective and efficient administration, including having appropriate policies and procedures in place
- Maintains financial stability, including the proper investment of funds
- Protects and manages its property
- Follows proper and formal arrangements for the chief executive's appointment, supervision, support, appraisal and remuneration.

In addition to the above statutory duties, each trustee should use specific skills, knowledge or experience to help the board of trustees make sound decisions. This may involve scrutinising board papers, leading or participating in discussions, focusing on key issues, providing advice and guidance on new initiatives, or other issues in which the trustee has special expertise.

Person Specification

- Strong empathy towards and understanding of our work and ambitions
- Evidence of networking within your area of expertise/experience or the health and social care sector
- Commitment to promoting equality, diversity and inclusion

- Experience in building and sustaining relationships with key stakeholders and colleagues to achieve organisational objectives
- Willingness to devote the necessary time and effort and to work as part of a team of trustees, supporting one another and making an active contribution at meetings
- Understanding and acceptance of the legal duties, responsibilities and liabilities of trusteeship
- Commitment to Nolan's seven principles of public life: selflessness, integrity, objectivity, accountability, openness, honesty and leadership
- Previous trustee experience is useful but not essential, as is experience in health and social care, natural environment, travel or charity sectors.