



Volunteer: support your local hospice

Dementia Activity Group Volunteer

Why does Dougie Mac need you?

Be part of our 700 strong team of volunteers across 21 shops and two hospice sites in Stoke on Trent and North Staffordshire.

By volunteering with us, you will be doing your bit to help Dougie Mac provide support for over 3,500 families in the local area.

Why volunteer with us?

Volunteering is a great way to gain new or develop skills. You will get to meet with, new, like-minded people and increase your confidence too.

You will receive training relevant to your role and have the opportunity to attend courses and events run by Dougie Mac.

By volunteering with us, you will be helping the hospice to deliver vital services: all whilst improving your wellbeing and personal skills.

Our Dementia Activity Group Volunteers help to ensure the smooth running of all our group sessions for people with dementia, which take place regularly across multiple venues in North Staffordshire and Stoke-on-Trent.

What does being a Dementia Activity Group volunteer involve?

Tasks will include:

- ☀ Assisting in the set up of the venue before the session starts
- ☀ Welcoming attendees to sessions, helping to provide a warm and welcoming environment without judgement
- ☀ Facilitating refreshments such as teas and coffees for carers and people with dementia
- ☀ Talking with carers and people with dementia, providing a friendly face and redirecting any queries on dementia support to one of the DMH staff members present – you will not be expected to answer all questions on dementia!
- ☀ Be an empathetic and enthusiastic participant in the sessions, making sure that attendees enjoy their time in the groups
- ☀ Assist in the taking down of the venue after the session, leaving it clean and presentable



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What skills do I need?

- ☀ Empathy
- ☀ Good listening skills
- ☀ An enthusiasm for making connections with carers and people with dementia
- ☀ Willingness to support activities as required
- ☀ A knowledge and understanding of confidentiality

Who will be my volunteer contact?

Jonathan Lawton

What happens next?

The Volunteer Services team will keep in touch with the Dementia Activity Group team to see how you have settled in.

We will print a badge and send it (with a lanyard) to Jonathan Lawton's team for when you are next in.

Any questions?

What will I have to wear?

A volunteer badge must be worn at all times with smart / sensible clothing appropriate to the role.

How much availability and time commitment do I need to give?

We ask our volunteers to complete a 3 hour shift. Activity groups take place across North Staffordshire and Stoke-on-Trent. Most Activity Groups are weekly and you will be invited to volunteer at an activity group as local to you as possible.

Will I have to complete any training?

Yes: all volunteers are required to complete mandatory training; staff can support with this if required.

Who can I contact if I can't come in to volunteer?

You will be given the team's contact details in your initial meeting; you can always call Volunteer Services on 01782 344332.