

Job Description: Clinical Psychologist

Job Title: Clinical Psychologist

Location: Helen Bamber Foundation office, London

Responsible to: Director of Therapy

Hours: 2 days –one of which should be either Monday/Friday

(15 hours per week)

Salary: £42,800 p.a. (pro rata)

Benefits: 27 days holiday (pro rata) plus 4% matched pension contribution

BACKGROUND

The Helen Bamber Foundation is a busy charity supporting asylum seekers, refugees, victims of human trafficking and other human rights violations. Our specialist team of therapists, doctors and legal experts hold an international reputation for providing therapeutic care, medical consultation, legal protection, and practical support. The Helen Bamber Foundation is committed to safeguarding vulnerable adults and children.

We are looking for a Clinical Psychologist to join our therapy team.

OVERVIEW OF THE ROLE

As a Clinical Psychologist within the Helen Bamber Foundation, you will be responsible for supporting the Director of Therapy and Clinical Lead in providing a comprehensive range of therapeutic interventions to clients of the Helen Bamber Foundation.

This role will include delivery of highly specialised psychological assessments for both medico-legal and clinical purposes, provision of appropriate evidence-based therapies, delivery of clinical supervision to staff from non-clinical backgrounds who nonetheless have significant client contact, and supervision of assistant and trainee clinical psychologists on final year specialist placements. The role will include input into policy, research and fundraising and delivery of consultancy and training.

We are looking for someone who is committed to working therapeutically with individuals who have experienced human rights abuses and who have developed trauma spectrum disorders as a result. In addition to proven experience in working therapeutically with this client group, the candidate will have a passion for human rights work beyond the individual client work, and a desire to contribute to effecting change at a policy level. This role requires the ability to react and respond creatively and appropriately to the needs of the charity.

EQUAL OPPORTUNITIES

The Helen Bamber Foundation is an equal opportunities and Living Wage employer. We are committed to attracting and recruiting diverse candidates as we are keen to make sure that our staff, trustees, volunteers and ambassadors reflect the communities we serve and the wider community we work in at every level within the organisation. We particularly welcome applications from those from Black, Asian, Minority-Ethnic, refugee and migrant backgrounds.

MAIN DUTIES AND RESPONSIBILITIES

Work closely with the clinical lead and senior clinicians to ensure the delivery of a range of evidence based psychological therapies to clients of the Helen Bamber Foundation.

- Provide specialist psychological assessments and deliver psychological therapies to clients of the Helen Bamber Foundation.
- Train in the preparation of medico-legal reports and contribute to the preparation of these reports for clients at the Helen Bamber Foundation.
- Develop and carry out audits and research projects relevant to the Helen Bamber Foundation (in collaboration with the Director of Therapy and Clinical Lead).
- Provide internal and external training in collaboration with the Director of Therapy.
- Supervise junior staff. This may include trainee clinical psychologists, assistant psychologists, and research assistants.
- Provide a weekly support group for non-clinical staff where needed.
- Liaise with other non-statutory and statutory organisations on matters of clinical care and policy.
- Where applicable, to input into policy and position statements with other members of the Helen Bamber Foundation and to promote the work of the Helen Bamber Foundation at conferences and other events.

PERSONAL PROFESSIONAL DEVELOPMENT

Annual performance Review and Personal Development Planning.

- Ensuring your Continuing Professional Development requirements of the Health and Care Professions Council and other governing bodies.
- Working within the expectations of relevant governing professional bodies.

• Ensuring you are up to date with relevant literature and research relevant to the client group of the Helen Bamber Foundation and attend appropriate training as necessary.

PERSON SPECIFICATION

The successful candidate will be a clinical psychologist who is passionate about working with survivors of human rights abuses, delivering evidence-based therapies for posttraumatic stress disorder and other mental health problems, as well as understanding the unique social and political context our clients are living in and the effect of this on their psychological wellbeing.

Although the post involves direct work only with adults over the age of 18, the successful candidate will have indirect contact with the children of our clients and will be expected to include the children's best interests in any intervention.

Essential

- Have successfully completed a recognized doctoral level training in Clinical Psychology (DClinPsy) and to have completed a range of clinical placements during training.
- Have experience in working with clients with PTSD (Post Traumatic Stress Disorder) and other trauma spectrum disorders.
- Have experience in working with individuals who have experienced multiple traumatic events, developmental trauma and/or have a clinical presentation suggestive of 'complex' PTSD.
- Have experience of delivering therapy for the treatment of PTSD using trauma focused CBT (Cognitive Behavioural Therapy), EMDR (Eye Movement Desensitisation and Reprocessing), or Narrative Exposure Therapy.
- Have experience in assessing and providing evidence-based therapies to individuals from a range of cultural backgrounds, and through interpreters.
- Have experience of presenting at conferences or other events.
- Have experience of, and commitment to, multidisciplinary team working.
- Have experience of providing training.
- Have a working knowledge of the legal, political, and social issues in the human rights, asylum & refugee, and health sectors.
- Exceptional organizational skills with experience of managing multiple tasks and prioritizing effectively.
- Accuracy and excellent attention to detail.
- Good interpersonal and team working skills, with an ability to work independently and seize opportunities.
- Computer literate and confident in using all MS Office software.
- Understanding of, and commitment to, the objectives of Helen Bamber Foundation
- Understand and Implement trauma-informed practice and systems

Desirable

- To have successfully completed a specialist trauma placement during clinical training.
- Experience of providing clinical supervision.
- One year's post qualification experience.
- Experience of working in the non-statutory sector.
- Demonstrable experience in research skills and preparation of manuscripts for publication.

We particularly encourage applications from underrepresented groups in Clinical Psychology (such as people with disabilities, those from Black, Asian, and Minority Ethnic backgrounds or those who have lived experience similar to that of the clients we support).

Please note that the successful candidates will be offered the role subject to suitable references and a DBS check. This role will require disclosure of both the adult and child barring lists. If appointed, you will be required to give your consent to HBF to receive regular updates on your criminal records status and to disclose any relevant convictions incurred during your time with us.

For any queries, please call 0203 058 2020 and ask to speak to Dr Christina Curry or Dr Kemi Komolafe via (<u>reception@helenbamber.org</u>).

How to apply?

➤ To apply for this position, please email your CV and a cover letter <u>by 5pm on Monday 19th February 2024</u> to <u>jobs@helenbamber.org</u>.