COUNSELLING ASSESSMENT VOLUNTEER



91% said that a brain tumour has affected their emotional or mental health 50%

of those affected by a brain tumour have had no access to counselling services



Our challenge

Brain tumours do not discriminate and they do not respect boundaries. They can strike anyone, at any age. And they strike quickly.

The Support Team at The Brain Tumour Charity are aiming to address the clear gap in emotional support available to those affected by a brain tumour diagnosis, by expanding their counselling service. Following the delivery of a successful pilot service, we know the difference that talking therapy can make and our goal is to reach more people, ensuring everyone that wants it, gets the support that they need.

How can you help?

As a Counselling Assessment Volunteer for this service, you will be the first point of call for new clients entering in to the service. This role will require you to talk to a wide range of people – from those newly diagnosed, to others at end of life and also bereaved. As a Counselling Assessment Volunteer, you will be required to:

- Carry out pre-booked counselling assessments with clients who have self-referred themselves into the counselling service
- Gather information through the assessment about the client's circumstances, explore their needs, explain how the service can help and discuss with them whether the counselling service is suitable
- Confidently follow our safeguarding process, to ensure risk is assessed and appropriate steps are taken to safeguard each client's well-being
- Observe confidentiality in line with our organisational policy
- Keep accurate and appropriate records on our internal database

ABOUT THE BRAIN TUMOUR CHARITY

We are the world's leading brain tumour charity and the largest dedicated funder of research into brain tumours globally. Committed to saving and improving lives, we're moving further, faster to help every single person affected by a brain tumour.

We're set on finding new treatments, offering the highest level of support and driving urgent change. And we're doing it right now. Because we understand that when you, or someone you love, is diagnosed with a brain tumour – a cure really can't wait.

BRAIN TUMOURS MOVE FAST. WITH YOUR HELP, WE CAN TOO!

We're looking for...

Someone who is empathetic and supportive in nature, and who is excited by the opportunity to bring this counselling service to the wider brain tumour community. You will also need:

- Experience in providing emotional support to others, perhaps through another role focusing on bereavement, mental health or life limiting illnesses
- Ideally have had previous training in counselling, mental health first aid, or other relevant course
- Ability to work autonomously
- Relevant IT skills in order to maintain appropriate and accurate records on our counselling database
- As this is a home-based role, you will need access to a telephone and computer that you are happy to use for this service

We particularly encourage applications from those who are significantly underrepresented in our sector, including individuals from Black, Asian and Minority Ethnic (BAME) communities.

What can you gain from volunteering?

- You'll have the opportunity to apply your existing support skills in a new way
- You will join a pioneering team, who are passionate about expanding the counselling service
- You will be supported in your role and will have a check in and check out with a team member before and after each shift

Time commitment

We are looking for a commitment of 2 hours per week (minimum) which would allow you to carry out 2 assessments. All assessments must be carried out between 9am–5pm and we would ask all volunteers to work on a rota system, volunteering at the same times each week.

Practical considerations

You will receive a full induction to The Brain Tumour Charity and any specific training for the role, as well as ongoing direction from one of the team, who will be your key contact. We carry out references for all individuals who will be volunteering with us on a regular basis. Volunteers will be required to complete some internal training, data protection and disclosure documentation before commencing the role. Volunteers must be over 18.

Need support with the application process?

We are committed to being inclusive and recognise that there may be a number of ways we could support you through the application process. If there's any adjustments we can make to help you fully engage in the process, don't hesitate to let us know by getting in touch (volunteering@thebraintumourcharity.org).

"I wanted to use my time on furlough to do something good and build my experience in this area. I learnt so much from the team who were so welcoming, it's given me a valuable perspective that I can take into future roles." - Katie, previous Volunteer

INTERESTED?

The deadline for applications is 9am on Monday 3 February 2025. If you're ready to apply, please complete our online application form. If you have any questions, please contact the Volunteering Team: volunteering@thebraintumo urcharity.org







