

# WE'RE SEEKING A COMMUNITY WELLBEING PRACTITIONER

*THIS ROLE FOR A COMMUNITY-MINDED INDIVIDUAL TO JOIN OUR  
ESTABLISHED AND EVOLVING CHARITY.*



## JOIN THE TEAM!

MATRIXTRUST.COM

---

Matrix | Allen House Pavilion, Guildford, Surrey | 01483 574900

Dear Applicant,

Thanks for your interest in joining the Matrix Family.

### Why Matrix?

We're a fun team who work hard to achieve the aim of catalysing change for young people across Guildford Borough. We're passionate about building long-term relationships and providing activities within schools and the community that nurture, inspire, connect and empower young people, helping them make the most of their lives.

Right now, we are responding to the needs of young people by consolidating our established projects and continuing to develop new ones as the need arises. We're looking to add to our team with passionate people who are keen to invest for the long-term, willing to put in the energy needed to make a tangible difference.

### Why Guildford?

Don't be put off, thinking there are no needs amongst young people in Guildford, it's not what it seems on the surface. The needs of young people here are very real, amongst those who have, and those who don't – from mental health issues, to social isolation and from a lack of opportunities to poor life skills, for young people in Guildford life can be tough.

Most years we work with over 500 young people on a regular basis, providing in-depth support for needs ranging from mental health to social and emotional development, and work with 500 + other young people across a range of activities and provision. The last few years have obviously been challenging for everyone, especially so with regard to young people's mental health and wellbeing - making this role even more vital. Take a look at our latest newsletter online to read some of our young people's stories!

### Where does this role fit?

As part of our membership of the Surrey Wellbeing Partnership, the Community Wellbeing Practitioner will be part of our Community Wellbeing Team within Guildford Borough. This vital role will spend time actively helping young people in one to one settings, running short courses or support groups around specific issues, and coordinating a broad-based response to their stated needs. The successful candidate will ideally have experience working within a variety of youth work settings and be able to build trusting relationships with children, young people and their families. If you love a varied role, can take initiative and don't mind mucking in, this could be the role for you.

### Come and join the adventure!

Thanks again for taking time to look at our vacancies and I hope that you consider applying to become part of our growing team.

Kind regards,



**Daniel Setterfield, CEO**





# COMMUNITY WELLBEING PRACTITIONER

## OVERVIEW

Matrix are a Christian organisation that deliver essential youth work to young people from all walks of life in schools & communities across Guildford Borough.

**We're excited to offer a full-time Community Wellbeing Practitioner role within our Community Wellbeing Team.**

**Hours: Full Time, 37.5 hours per week | Salary: £22,271 - £26,725 (depending on experience)**

[MATRIXTRUST.COM](https://matrixtrust.com)

---

Matrix | Allen House Pavillion, Guildford, Surrey | 01483 574900

## Role Description

---

**This is an exciting and innovative role for a community-minded individual to join our established and evolving charity. This role provides an opportunity to work with a broad range of children and young people across diverse settings. The post holder will undertake assessments and deliver a range of evidence-based interventions.**

### Main Purpose of Role

The role of a Community Wellbeing Practitioner is to engage with and offer advice and support to children, young people and their families across Guildford Borough using a combination of 1:1, small group and workshop style interventions both online and in person. Working as part of a wider team across Surrey (Surrey Wellbeing Partnership) you would be responding to localised and individual needs, working in collaboration with churches, schools, the NHS and other organisations. As a practitioner, you will work as part of a team, undertaking assessments and delivering a range of evidence-based interventions for children and young people and their families.

### Principal Responsibilities

At the core of Matrix our work is about building relationships to catalyse change for young people and their families. This role will contribute to this by supporting them in a variety of ways including, but not limited to:

#### Wellbeing Support in the Community

- Assessing the needs and strengths of the referred young person and help them identify individual goals to achieve desired change.
- Designing, delivering and evaluating interventions for young people which aim to improve mental health and well-being, build on existing strengths and increase levels of resilience.
- Recording and collecting data with various tools such as goal-based outcomes (GBO's) and use this to evaluate the effectiveness of interventions.
- Taking responsibility for your own caseload of young people and families, some with complex and multiple needs.
- Involving young people and their parents in the co-production of programmes, activities and services.
- Working collaboratively with Surrey and Borders NHS Partnership, Surrey Children's Services, local CAMHS teams and other community-based services to provide the most effective service for children, young people and families.
- Keeping accurate records of individual engagement, evidence of change and celebrating progress with children and young people.
- Providing records and reporting the appropriate data to ensure support programmes can be accurately monitored and evaluated.
- Applying safeguarding and child protection procedures.
- Providing written case studies and 'Moments of Impact' reports as evidence of the effectiveness of individual interventions.
- Raising the positive profile of Matrix by building professional relationships in a multi-agency environment including through networking events in the relevant local area, such as meeting with the community safety wardens, local schools, churches, Police and PCSOs.

## Wellbeing Support in Schools

Our work in schools is varied and you may be expected to:

- Conduct one-to-one sessions to listen to, analyse and respond to the physical, intellectual, emotional, social and spiritual needs of young people.
- Manage, monitor and evaluate caseloads within your allocated school as part of the one-to-one support sessions.
- Develop and run a variety of contact points and projects for young people across the school, including group sessions and drop-ins and after school projects.
- Build good working relationships with school staff and other relevant local services.

## Community Youth Work

Community Youth Work takes many forms and while the actual work is subject to change according to the current needs of young people or Matrix, it may include:

- Detached youth work.
- Running/assisting with after-school and/or holiday clubs.
- Mentoring young people.
- Supporting young people in a social enterprise environment.
- Research of young people's needs in the local community.

## Youth Café

The Youth Café is our flagship project and is a fun open access drop-in run by our team after school at our social enterprise café - The Hideaway.

As a Community Wellbeing Practitioner some of your time may be spent assisting the Community Youth Work Team in delivering this project and it may include:

- Helping to create a safe, fun and inspiring environment for the young people that attend.
- Planning, preparing and delivering quality youth sessions/workshops.
- Building healthy relationships with young people that attend the sessions, identifying and responding to the needs that may arise.
- Promoting the activities of the Youth Café in the community.

## General

- Contribute to, and be involved in fundraising and other activities that benefit Matrix, including whole staff retreat days, fundraising activities and outreach/networking events.
- During school holidays and after school, be involved in projects organised and run by Matrix, including holiday and after-school clubs within your allocated hours and as agreed by your line manager.
- Working as part of a team and attending team meetings, training events and participating fully in one to one, peer and group supervision.
- Working with children, young people and families from diverse cultural and financial backgrounds.
- Representing Matrix by providing a positive role-model to children, young people and families.
- Promoting our activities in both the community and in a school environment through; social media engagement and assemblies.
- Ensure you work to the Youth Work Standards.

## **What We Expect From You**

Matrix is a small, established, but evolving and growing charity. There is therefore an expectation on all staff to be pro-active and a team player, supporting others in their busier seasons and the charity as a whole across the year.

All staff are expected to:

- Fit in with our values: positive, relational, innovative, collaborative and fun.
- To work from within the Christian ethos, including joining in team prayer times.
- Be committed to and passionate about the mission to catalyse change in young people's lives.
- Be a pro-active member of the Matrix team and get involved in projects which benefit the mission of Matrix (e.g.: fundraising activities/events or prayer & reflective spaces) .
- Work across agencies and Matrix teams.

Due to the nature of the work you may be expected to work some evenings and occasional weekends. All hours will be based at the Matrix office, unless delivering youth work or previously agreed. Any specific changes to your working week will be cleared through your Matrix line manager.

## **Level of Authority**

Matrix is a team, with each member supporting the other. As a Community Wellbeing Practitioner, you will need to operate with a high degree of autonomy. You will be expected to administer your own time and workload in liaison with your line manager, keeping an 'open' diary for all activities. A working timetable for school holidays will be developed in consultation with your line manager.

## Personal Specification

### Essential

- A strong youth work background in a relevant field e.g.: youth work, teaching, social work.
- Able to relate well to young people in all environments including (but not exclusively) school, 1:1, open youth clubs and partner projects.
- Capable of building relationships with and liaising with other professionals.
- Experience of leading workshops and / or small groups sessions with young people.
- Able to set appropriate boundaries with young people, in all situations.
- Agree with and be able to support and work within the Christian ethos.
- Able to work effectively alone and as a part of a team (including with volunteers).
- Good IT skills.
- Excellent interpersonal skills.
- This role will require the applicant to travel between multiple locations (local to Guildford) at various times.

### Desirable

- Professional qualification in a youth work related area (NVQ level 3 or equivalent)
- Experience of working in a community environment in a youth work capacity
- Experience in mentoring/coaching
- Experience of working with young people with Neurodiversity and/or Special Educational Needs and Disabilities.

### **What we offer you**

- 5 weeks paid holiday, plus bank holidays
- An additional three days leave when the office shuts between  
Christmas & New Year
- Training that develops your skill base (as needed)
- Flexible working arrangements, where possible
  - A nurturing and supportive team
  - A staff discount in The Hideaway Café

**Hours: Full-Time, 37.5 hours per week**

**Salary: £22,271 - £26,725 per annum (depending on experience)**





# JOIN THE TEAM!

## HOW TO APPLY

1. Complete our **Application Form**
2. Email it to **hr@matrixtrust.com**

Any questions, just give Josh a call on: 07508 934079

---

**Closing date: 12:00, 8th July 2024**  
**Start date: TBC**

*Please note we reserve the right to close this role should we receive a sufficient number of applications.*

*Please apply as soon as possible to be considered.*

MATRIXTRUST.COM

---

Matrix | Allen House Pavilion, Guildford, Surrey | 01483 574900