

MumsAid Clinical Lead: Job Description

MumsAid is seeking to recruit a Clinical Lead with passion and vision to use their skills to make a meaningful difference to support families during the crucial perinatal period and extend our reach and impact.

Salary: £45 - 50,000 pro-rata per year (depending on experience) + benefits
Contract: Permanent, part-time 3-4 days per week (reviewable after 6 months probationary period)
Location: Greenwich, London (limited amount of remote working)
Reporting to: CEO and Board of Trustees
Holidays: 25 days plus bank holidays pro rata + birthday day off.
Closing date: Applications open and interviews will be on a rolling basis

Employment Benefits:

- 25 days Annual Leave with enhanced leave for continuous employment + birthday day off
- Contributory Pension Scheme
- Private health and wellbeing package (with upgrade options)
- CPD and Supervision

About MumsAid

MumsAid is a maternal mental health charity that was founded in 2012 to address the lack of support for mothers during pregnancy and after birth. We believe passionately that pregnancy and new motherhood can be an exciting, but also challenging, time, and that the right support can make a difference, not just to mothers but to the healthy emotional development of their babies, and the broader well-being of their families and communities.

Since its inception, MumsAid has delivered a growing programme of support during the perinatal period which has included counselling and psychotherapy, therapeutic groups, befriending support by trained peer volunteers, training and clinical supervision for therapists and other frontline professionals. We also have an active social media presence aimed at providing support to mothers and raising awareness.

Our therapy is open to women of all backgrounds, but we have a particular focus on marginalised groups within our local community, including mothers from Black and

Global majority communities, those on low incomes and single mothers and more recently for the parents of babies with medical conditions and additional needs. We also run YoungMumsAid, a bespoke therapy programme for teenage and young mothers with complex needs. We work primarily in Greenwich but have plans to expand our reach to new audiences and areas.

Our work has a proven positive impact on maternal mental health. A [2020 evaluation](#) by The McPin Foundation found that: “MumsAid clients significantly improved in all outcomes after receiving the service (wellbeing, confidence, bonding, perceived stress), these improvements were dramatic and appeared to be maintained after the therapy was complete. Clients provided almost universally positive feedback about their experiences, including how important the service had been for them. MumsAid is not only providing essential support for the local area but is potentially providing a service which could be expanded into other areas.”

We have been highlighted by [Public Health England](#) as a case study for good practice in perinatal mental health, and since 2018 we received three prestigious national awards: The Maternal Mental Health Alliance (MMHA) [Award for Inclusivity and Diversity](#); The Royal Society for Public Health (RSPH) [Award for Mental Health and Wellbeing](#) and [The Overall Winner 2021 GSK Awards](#).

MumsAid was originally set up as a Community Interest Company but became a registered charity in 2018. For further information about our work see: <https://www.mums-aid.org>

About the Role

This is an exciting opportunity for an experienced clinician who has passion and vision to use their skills to make a meaningful difference to support families during the crucial perinatal period. You will be joining the MumsAid team at a time of significant growth. This is a new post within our organisation and you will occupy a key role within the senior leadership, which aims to extend our reach and impact, enabling us to improve the mental health and well-being of more pregnant women and mothers by expanding our core services and disseminating our highly effective therapeutic model.

There is also some flexibility with this role and we are open to discussing hours and working arrangements for the right candidate.

Job Description

You will be the Lead Clinician in the MumsAid clinical team which currently comprises of volunteer trainee counsellors as well as qualified salaried and sessional clinicians. You will be working under the vision and guidance of the founder and CEO of MumsAid, Dr Miriam Donaghy who is an experienced and well respected perinatal mental health specialist. Your time will be divided between managing a small

caseload, clinical supervision and the development of our training offers. As a senior clinician you will be expected to be an experienced psychotherapist/counsellor with knowledge of a wide range of therapeutic modalities and to have a trauma-informed practice. The MumsAid model has an integrative approach and it will be a key part of your role to become familiar with the model and support volunteers and colleagues in their understanding of it. You will need to be a confident supervisor as well as being passionate about working in the perinatal mental health field.

Main Responsibilities:

- To oversee the assessment and management of more complex referrals.
- To manage a small caseload.
- To offer clinical supervision/guidance to trainees and colleagues as required.
- To ensure the MumsAid therapeutic model is consistently shared, understood, and practised throughout the clinical team.
- To develop and support a programme of CPD activities within the organisation.
- To deliver PMH awareness training workshops to stakeholders and other interested organisations.
- To participate in the monitoring and evaluation of the therapy services provided.
- To maintain records consistent with the current legislation.
- To undertake appropriate administrative duties.
- To respond to any safeguarding concerns regarding the welfare of any child or young person and to take appropriate action.
- To attend regular supervision with an appropriate specialist therapist.
- To utilise evidence-based literature and research to support effective practice.
- To undertake and organise collaboration and liaison with relevant professional colleagues providing a comprehensive clinical, and consultative, service as required.
- To contribute to safeguarding meetings such as child protection case conferences when required (by submitting verbal feedback or written reports).
- To work closely with and be accountable to the CEO of MumsAid.

General Responsibilities:

- To work in accordance with the Aims, Objectives and Values of MumsAid.
- To comply with all organisational policies and procedures, and to ensure safe, fair and responsible working practices through the implementation of key MumsAid policies such as Safeguarding, Confidentiality and Equal Opportunities.

- To promote the work of MumsAid, and a wider understanding, awareness and positive attitude towards perinatal mental health.
- To encourage service user input into how the MumsAid Service operates.
- To keep accurate and appropriate records, providing information for monitoring and evaluation as required.
- Ensure that the work of MumsAid is promoted effectively to external audiences, supporters, and potential funders
- Develop and maintain strong links with relevant statutory agencies (including NHS) and relevant voluntary sector agencies.

Clinical Lead Person Specification:

Essential Qualifications and Experience:

The successful candidate must:

- Hold a professional qualification in psychotherapy/clinical or counselling psychology or equivalent, together with a minimum of 5-years post qualification experience.
- Have a good working knowledge and awareness of perinatal mental health issues and experience of working with perinatal mental health and trauma informed practice.
- Have experience of providing clinical supervision
- Be accredited with an appropriate professional body e.g., BACP, UKCP or HCPC.
- Hold an enhanced DBS without barring.

Desirable Experience

- Experience of perinatal or parent-infant psychotherapy.
- Experience of working with disadvantaged and marginalised communities.

Skills and Attributes Required:

- Proven ability and confidence in working within a trauma informed practice.
- Passionate about the importance of perinatal and infant mental health and demonstrating its effectiveness.
- Excellent verbal and written communication skills.
- Highly organised, able to manage and prioritise caseload.
- Resilience, reliability, flexibility.

- Understanding of and commitment to providing an inclusive and equal service.
- Experience of working with complex safeguarding issues.
- Willingness to maintain your own continuing professional development (CPD).

More about MumsAid

MumsAid is a small well-established and respected charity delivering a big impact. We have been successful in securing commissioning from our local authority as well as previously benefiting from long-term relationships with many trusts and foundations, such as BBC Children in Need, the National Lottery Community Fund, the Young Londoners' Fund, Lloyds Bank Foundation and several smaller funding bodies. We are now aiming to consolidate our financial position by developing a strong pipeline comprising of existing supporters as well as identifying new sources for both restricted and unrestricted funding.

One of the ways in which we aim to do this is by developing our private counselling service and our Associate counsellors.

You can also watch a video introducing our work on the King's Fund website: <https://www.kingsfund.org.uk/audio-video/2021-gsk-impact-awards-mumsaid>

Statement of Inclusion:

The families we work with come from a diverse range of backgrounds, and so do we. We want to ensure that we are recruiting, retaining and promoting a diverse mix of colleagues. We want to foster a diverse and inclusive culture, to empower our teams to achieve our vision drawing on the broadest possible range of experiences. We therefore particularly encourage applications from candidates from minoritised groups, black global majority and disabled candidates.

MumsAid are positively committed to opposing discrimination against people on the grounds of sex, race, colour, nationality, religion or belief, class, age, disability, marital or civil partnership status, sexual orientation, transgender status or gender reassignment, their trade union activities, pregnancy and maternity or because they have dependents, because they have been or are in contact with mental health services, or if they have HIV/AIDS (Protected Characteristics). MumsAid is fully committed to a policy of anti-discrimination and equal opportunities, and we welcome the enrichment and cultural diversity that follows as a natural consequence of this policy.

Next steps:

For information and enquires please email jill@mums-aid.org

To apply please send your CV and cover letter which addresses the points on the person specification to info@mums-aid.org

Please

note:

We reserve the right to close the recruitment process prior to the closing date should a suitable applicant be found, so please submit your application as soon as possible.

We look forward to receiving your application.