



# Could you be our next volunteer?

Are you kind, considerate and have a few hours a month to spare? The KVA Buddy Scheme is a community befriending project in Kingston that matches volunteers with a 'buddy' with a learning disability or with autism.

No previous experience necessary. Get in touch today.

**"I feel like I'm a better person for it. I would have no hesitation recommending volunteering for the scheme."**  
-Buddy Scheme Volunteer

**"Having a Buddy has been great. Someone to talk to, go out with and try new activities with."**  
-Buddy Scheme Service User



*Register now!*

[www.kva.org.uk](http://www.kva.org.uk) - search 'Buddy Scheme' or email [buddyscheme@kva.org.uk](mailto:buddyscheme@kva.org.uk)

