

Volunteer Role Profile



Volunteer Role	Befriending Connections
Volunteer Manager	Fran Highton
Where you will be based	Community

Why we want you

Older people are at risk of becoming isolated and losing their community connections. As a face-to-face Volunteer, you will work within the community felicitating clients to attend local social groups to reduce social isolation and support people back into community groups to increase overall wellbeing.

You will play an important role in establishing relationships which facilitate reduction in social isolation alongside data collection which ensures continued funding for this project.

If you love talking to others, are polite and empathetic, and have access to a car we'd love to hear from you. This role is community based, supporting people to access local groups.

What you will be doing

- Work alongside the Befriender Coordinator
- Visit client(s) assigned to you through the Befriender Coordinator
- Visit your assigned client(s) once a week at a mutually agreed time (lone working)
- Facilitate agreed goals set by the Volunteer coordinator in collaboration with the client
- The client remains within the service for up to 6 months
- Complete data collection with the client at the start, middle and end of the service
- Attend monthly group supervisions
- Complete weekly report of face-to-face contact via the online encrypted platform, Assemble (full training provided)
- Raise any concerns you may have regarding your client(s) with the Befriender coordinator

The skills you need

- Have good communication skills
- Be a people person
- Have basic IT skills (full training provided for Assemble platform)
- Be trustworthy and reliable

What's in it for you

- An induction and ongoing training and support sessions
- Excellent training opportunities
- Reimbursement of out-of-pocket travelling expenses
- Full recognition of the time, energy and skills volunteers freely give - for example long service and merit awards
- Understanding the impact of supporting local community and developing valuable skills for future carer prospects
- The opportunity to be part of a friendly team
- The opportunity to meet other volunteers and attend occasional social events
- The opportunity to be involved in the planning and development of AGE UK East Sussex Services
- Appropriate insurance cover - to protect you whilst you are acting on behalf of AGE UK East Sussex
- The opportunity to enhance your skills

Disclaimer

Age UK East Sussex reserves the right to review this role description from time to time to best suit the changing nature of the role in line with service needs. Any changes to this document will be made by mutual agreement.