

Volunteer Role Description – Blether Buddies

Volunteer Role: Blether Buddy Befriender

Location: Various across London

Preferred Commitment: Approx. 1 – 2 hours per week or fortnight (ex. travel) at times to suit for a 6-month period at least

Responsible to: Volunteer Coordinator who in turn is accountable to the Client Support Manager

Purpose of the Role:

To help an older ScotsCare client feel happier in their situation, less alone and socially isolated through regular social contact in their home and / or local community

The tasks are to:

- Commit to a regular meeting with a ScotsCare client
- Provide companionship, friendly conversation, and a non-judgemental listening ear
- Attend induction, training, and regular support meetings at City Road (or online)
- Maintain regular communication with the coordinator and alert them to any problems, concerns, and issues beyond a befrienders' remit
- Report back on befriending activities regularly and on time
- Work within the policy and practice framework of ScotsCare's Befriending service

Qualities and skills needed:

- Strong listening and conversational skills
- English language, clearly spoken
- Ability to approach new people without prejudice
- Friendly, honest and trustworthy
- Commitment and reliability
- Patience, empathy, non-judgemental
- Respect for confidentiality
- Professional approach and able to use own initiative

What you can expect from us:

- A full induction, training, instruction, and ongoing support
- Out of pocket expenses, social events, and newsletters to keep you informed
- An opportunity to meet new people, make a difference and work with a friendly team
- References and an opportunity to enhance your CV

Recruitment process:

Application form, informal interview, two references and an enhanced DBS check will be processed.

