

## **Volunteer Role Description – Blether Buddies**

**Volunteer Role:** Blether Buddy Befriender

**Location:** Various across London

**Preferred Commitment:** Approx. 1 – 2 hours per week or fortnight (ex. travel) at times to suit for a 6-month period at least

**Responsible to:** Volunteer Coordinator who in turn is accountable to the Client Support Manager

### **Purpose of the Role:**

To help an older ScotsCare client feel happier in their situation, less alone and socially isolated through regular social contact in their home and / or local community

### **The tasks are to:**

- Commit to a regular meeting with a ScotsCare client
- Provide companionship, friendly conversation, and a non-judgemental listening ear
- Attend induction, training, and regular support meetings at City Road (or online)
- Maintain regular communication with the coordinator and alert them to any problems, concerns, and issues beyond a befrienders' remit
- Report back on befriending activities regularly and on time
- Work within the policy and practice framework of ScotsCare's Befriending service

### **Qualities and skills needed:**

- Strong listening and conversational skills
- English language, clearly spoken
- Ability to approach new people without prejudice
- Friendly, honest and trustworthy
- Commitment and reliability
- Patience, empathy, non-judgemental
- Respect for confidentiality
- Professional approach and able to use own initiative

### **What you can expect from us:**

- A full induction, training, instruction, and ongoing support
- Out of pocket expenses, social events, and newsletters to keep you informed
- An opportunity to meet new people, make a difference and work with a friendly team
- References and an opportunity to enhance your CV

### **Recruitment process:**

Application form, informal interview, two references and an enhanced DBS check will be processed.

