ADDITIONAL SERVICE INFORMATION SHEET

MyTime to Thrive - Lancashire and South Cumbria: Therapist

You will have received a job description and person specification for a Project Worker 2 within the service. This is a generic role in use throughout the organisation and therefore Barnardo's uses generic job descriptions and person specifications when advertising for such roles.

You should hold at least a diploma level qualification in counselling, child and adolescent psychotherapy, art, play, drama or music therapy which has included a practicum / placement of at least 100 hours of supervised practice. These qualifications must be verified. Also, you should be registered with a relevant professional body e.g. BACP, PTUK, HCPC, UKCP.

When completing your application form, please refer to the skills, knowledge and experience required as detailed in the **Person Specification** and any further information included in the **Additional Requirements** below. This should be done with an understanding of the context of the service described.

The Lancashire and South Cumbria MHEWB service is commissioned to provide Children and Young People with therapeutic one to one, group work and counselling support in the community.

The service places children, young people and their families/carers at the heart of everything; with the ambition for children and young people in Lancashire and South Cumbria to grow up with healthy minds, feel confident and resilient and fulfil their potential.

Additional Requirements:

- You will have considerable experience of delivering therapeutic interventions to children and young people in varying formats including face to face, telephone and digital platforms.
- You will be required to work with children and young people from 5 to 18 years old supporting them with mild to moderate presentations of common emotional wellbeing and mental health issues.
- You will be responsible for developing a brief therapeutic intervention up to 10 sessions based on assessment information, to support children to address the presenting issues.
- You will liaise with parents/ carers, school, and referring professionals where appropriate throughout the treatment episodes.
- You will respond to safeguarding issues and report with appropriate escalation to, and involvement of senior management in line with Barnardo's Safeguarding Policy.

- You will ensure that a high standard of record keeping is maintained in line with service policy and Barnardo's Core Standards i.e. recording standards.
- You will work with a caseload of children and young people that equates to 13-15 sessions per week for a full-time member of staff.
- You will be required to fully engage with regular case management supervision and clinical supervision.
- You will be required to partake in regular training and development opportunities.
- The Lancashire and South Cumbria Service works to the CSSO framework (Child Directed, Strengths Based, Systems Focused, Outcome Informed – please see The CSSO Model attachment) to guide interventions and uses the Child Outcome Rating Scale and Session Rating Scale within all interventions.