



## SPITALFIELDS CRYPT TRUST

LIFE BEYOND HOMELESSNESS & ADDICTION

info@sct.org.uk | 020 7613 5677 | www.sct.org.uk

### SPITALFIELDS CRYPT TRUST (SCT) JOB DESCRIPTION

<b>Post Title</b>	Part-Time Addictions Counsellor (0.8 FTE)
<b>Salary</b>	£27,007-£35,515
<b>Hours</b>	28 hours/4 days per week Monday to Friday (specific days negotiable)
<b>Responsible to</b>	Therapeutic Programme Manager
<b>Purpose of Post</b>	To support residents to achieve sustained abstinent recovery from problematic substance use. To facilitate group therapy sessions and hold one-to-one counselling sessions. To ensure SCT's residents are secure and maintain their tenancies as part of the therapeutic practice.
<b>Location</b>	Spitalfields Crypt Trust, The Recovery Hub, 116 - 118 Shoreditch High Street, London, E1 6JN

#### Spitalfields Crypt Trust (SCT)

Spitalfields Crypt Trust (SCT) is an East London charity providing practical and therapeutic support and training to people who are or who have been homeless and are experiencing addiction. SCT runs a Housing First service, a Recovery Hub (which includes an abstinent-based residential recovery hostel, an Addictions Counselling Programme, and a Training & Development Programme), supported housing and two social enterprises. All our services support people in recovery from addictions to put their lives back together. Our integrative approach is based on the 'Recovery Capital' model and is a whole-person approach, which considers physical, cultural, social, human, and spiritual factors and assets.

In employment we actively seek to recruit people with a good combination of talent, skills, and potential, promoting equality for all, and welcome applications from a wide range of candidates. We select all candidates for interview based on their skills, qualifications, experience and commitment to the values and purposes of the organisation. is a growing organisation with opportunities for people with good motivational skills and high levels of initiative.

The Spitalfields Crypt Trust Charity Number is 1075947. Company Number is 3734793.  
Our registered office is Acorn House, 116-118 Shoreditch High Street, London, E1 6JN.



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### **The Role**

The successful candidate will be working with adults in a residential setting delivering assessments, group sessions and one-to-one therapy to those admitted to the service. The post holder will offer an intensive, abstinence-based programme with high levels of group therapy and a strong emphasis on aftercare support. The role will include facilitating specialist psycho-educational groups, 12 step, relapse prevention therapeutic groups and individual counselling sessions.

You will work closely with our Supported Housing team and be required to participate in regular team meetings. You will also be required to liaise with external agencies and work creatively to provide the most appropriate treatment plans for clients with complex needs. You may be required to cover occasional evening Aftercare groups.

### **Main Responsibilities**

- Undertake assessments of people entering the service through various referral sources.
- Develop, facilitate, and review a group work programme that meets the needs of our clients. These might include dual diagnosis, trauma, cross-addiction, criminal justice issues and various types of substance use.
- Provide a holistic package of care to individuals which meets their needs and includes working with colleagues across other teams to help residents with diversionary activities, employment, training, and education.
- Work with the Supported Housing team to ensure residents are safe, secure, and maintain their tenancies and are prepared to move onto independent living.
- Provide a range of one-to-one interventions that might include MI, person-centered care, CBT, DBT and trauma work.
- Manage a caseload of individuals with a wide spectrum of needs.
- Assist residents to understand the effects and benefits of any medication prescribed for them and the importance of complying with treatment regimes. This might include liaising with pharmacists, doctors, and psychiatrists for monitoring purposes.
- Provide psychoeducation to raise awareness and understanding of substances and their effects.
- Provide onward referral and liaison with wrap-around support within SCT to enable our residents to achieve social integration and personal development.

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### **Client Management**

- Coordinate and carry out assessments of new residents and the referral and acceptance process, ensuring that each client has a programme appropriate to their needs.
- Conduct joint 3 and 6-monthly reviews with Supported Housing team colleagues.
- Provide group and individual counselling as required by the service.
- Support residents from admission until completion of treatment.

### **Operational Support**

- Comply with all monitoring and evaluation requirements.

### **General Responsibilities**

- Engage with and inspire people in recovery.
- Ensure a safe and secure environment for residents, free from alcohol and drugs, and free from abusive behaviour and exploitation.
- Ensure that all SCT activities are carried out with due regard to Health and Safety legislation, SCT policies and procedures, as well as good practice.
- Work within the policies and procedures of SCT.
- Implement SCT's Equal Opportunities Policy, understanding its implication in the development of services to clients.
- Attend regular supervision sessions, both internal and external.
- Attend meetings within and on behalf of SCT as appropriate.
- Undertake other tasks consistent with the post or as delegated by your line manager.

### **Strategic Excellence**

- Be an effective role model, with the ability to inspire and motivate others.
- Work collaboratively with the Recovery Hub team.
- Ensure you are kept up to date with developments within the sector, thus enhancing your knowledge and practice
- Capture the outcomes of the therapeutic programme with all monitoring and evaluation methods that are required by your line manager, to capture the impact of SCT work, whilst ensuring the voice of SCT clients are heard.

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### **Qualifications and Experience**

#### **ESSENTIAL**

- Educated to degree level or Diploma Level 4 in Counselling. Two years' experience of therapeutic work with people in recovery.
- One year's experience of one-to-one counselling.
- A solid working understanding of 12-step facilitation, CBT, MI, Relapse Prevention techniques and other interventions applicable to working with people in recovery.
- Experience in delivering therapeutic group work within 12-step and non-12-step contexts.
- Experience in encouraging individuals to reflect on their behaviour (consequences and risks), recognise the benefits and potential for change and provide support and encouragement to help residents achieve change positively within an abstinent community.
- Using effective support systems and networks to develop own knowledge and practice.
- Adhere to the principles of confidentiality of information.
- The ability to understand and work with others' points of view, values and beliefs.
- The ability to change working techniques based on new information or evidence.
- Able to encourage others to express their views, feelings and wishes.
- Contributes positively to debate within the staff team.
- Promotes SCT by their own standards of conduct.
- Encourages, values and respects contributions from other team members.
- Possesses good written and oral communication and IT skills.

#### **DESIRABLE**

- Knowledge of local services and geography.
- Knowledge of the addiction, homelessness sector, social housing and the benefits system
- Experience of working with people with complex needs.

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