



**acorns**

**Candidate Pack**



*Together, we stand tall*



## About Acorns

- We support children, young people and their families to recover from their experiences of domestic abuse, in partnership with our colleagues in the sector.
- We are based in North Shields and are part of a community shared space in Wallsend. We also work on an outreach basis in the wider communities of North Tyneside and Northumberland.
- We have been established for 20 years.
- We are a small organisation made up of 17 staff and some ad-hoc volunteers.

## We aim to:

- Improve the physical and mental health and well-being of families who have been impacted by domestic abuse
- Increase their personal resources by building self-esteem, confidence and assertiveness
- Empower them to increase their self-efficacy and live safely and independently
- Connect them to like minded peers and reduce isolation, improving personal support networks and reducing the need for intensive intervention in the future



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*“People are fighting and getting angry and this is a place to keep them happy and not fight anymore.”*

## **We do this by:**

- Placing and retaining the survivor and their family at the centre of our practice
- Providing safe environments - supporting survivors to reconnect with a sense of self and control
- Continuously assessing need through review and reflection



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## What we can offer you:

- Full staff wellbeing package with Health Assured
- Ongoing training in our trauma informed approach and the TIME © model that informs our work
- Excellent holiday entitlement of 24 days, rising to 29 days per annum **plus** public holidays
- Family friendly policies to support work/life balance and time off in lieu for out of hours work
- Business and travel expenses reimbursed
- Regular inter-team skills sharing sessions
- Friendly, supportive team environment where we support each other to achieve!



## For more information:

Telephone us on 0191 3498366

Email: [admin@acornsproject.org.uk](mailto:admin@acornsproject.org.uk)

Find out more about our work and download application pack from our website:  
[www.acornsproject.org.uk](http://www.acornsproject.org.uk)

Send us your CV with a covering letter, outlining your experience and fit for the role, and we'll be in touch!

*"Acorns has made me confident to tell my worries to my family, and that has made me happy"*



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