

Trust In You

A New Generation of Trustees

About the programme

Trust In You is a programme funded by City Bridge Foundation and delivered by Sculpt UK which aims to develop young people's skills around leadership and governance, and working in the charity sector. During the six-week programme, young people attend training sessions and are partnered with a mentor.

Upcoming programme dates: October - November 2024

Programme Aim:

Empower young people with the skills and confidence to take up leadership positions in the charity sector

Why is supporting young aspiring trustees important?

- Many charity boards lack diversity. Young people bring fresh perspectives and help charities stay responsive.
- Young people are the future leaders driving social change. There is high interest in trustee positions from young people but a lack of development opportunities.
- Young people don't feel heard. There is growing demand to increase youth agency in addressing the challenges they face.

Less than 3% of charity trustees in the UK are under 30*

*Based on research by the Young Trustees Movement

So, why are we contacting you?

We are looking for trustees and staff in charities who are interested in contributing to the programme and inspiring the next generation of charity leaders. The different options for getting involved are outlined on the next page.

If you have any questions please please contact our Youth Programme Officer, Ann Chung at ann.chung@sculptuk.org

Become a mentor

We are looking for trustees who will be able to provide three (or more) mentoring sessions for our aspiring young trustees. Where possible, this can include providing them the opportunity to sit in on one of your board meetings (for a non-confidential section, be this online or in person). This will help our aspiring trustees better understand the dynamics and language in board meetings.

If you have never been a mentor before or would be keen to have some additional guidance, we offer a mentoring guide as well as check-in calls with the programme lead at Sculpt UK who can guide you through this process.

Be a part of a panel of trustees for one of our sessions

We are looking for leaders in the charity sector and / or trustees to come and join one of our sessions where we have a panel of charity leaders and trustees speak about their work and experiences, share their insights, and answer questions from our aspiring young trustees.

Finally, we aim to get young people on trustee boards

As part of the programme, we also offer training and support to trustee boards around championing and working with young people on boards. This training will be delivered by experts at the Young Trustees Movement.

Next Steps

If you are interested in joining Trust in You in any of these ways, please contact our Youth Programme Officer, Ann Chung at ann.chung@sculptuk.org